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# Canine Cancer Screening:

## Making sense of the why, the when, and next steps

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# Financial Disclosure

I am a full-time employee of IDEXX, but do not believe that it will influence my presentation.

The information contained herein is intended to provide general guidance only. As with any diagnosis or treatment you should use clinical discretion with each patient based on a complete evaluation of the patient, including history, physical exam and presentation, and laboratory data. With respect to any drug therapy or monitoring program, you should refer to a product insert, for complete description of dosage, indications, interactions, and contraindications. Diagnosis, treatment, and monitoring should be patient specific and is the responsibility of the veterinarian providing primary care.

# Learning outcomes

- + Understand the major risk factors for canine cancer development and describe the population of dogs who most likely benefit from cancer screening
- + Understand the underlying biology of cancer development and how that has been leveraged to develop canine cancer screening tests
- + Become familiar with selected canine cancer screening tests and their published performance metrics
- + Identify the appropriate next steps after a positive cancer screening result.



# Canine Cancer at a Glance

# Canine Cancer: Defining the problem



Approximately **84 million** dogs in the U.S.<sup>1</sup>

**45%** of households own dogs

**1.46** dogs/household

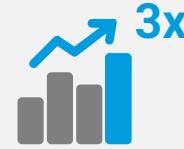


**One in four** dogs in the U.S. will be diagnosed with cancer in their lifetime<sup>2</sup>

Somewhat similar as humans in the U.S.  
(1 in 2.5)<sup>3</sup>



Estimated that **6 million dogs** in U.S. are diagnosed with cancer annually<sup>4</sup>



Cancer is the **leading cause** of death in adult dogs<sup>5</sup>

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1. Larkin M. Pet population still on the rise, with fewer pets per household: Survey on pet ownership also indicates that pet owners value veterinarians' expertise. JAVMA News. Published on November 17, 2021. Accessed March 9, 2023. <https://www.avma.org/javma-news/2021-12-01/pet-population-still-rise-fewer-pets-household#:~:text=Both%20dog%20and%20cat%20populations,38%25%20of%20dogs%20in%202020>.
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5. Fleming JM, Creevy KE, Promislow DE. Mortality in North American dogs from 1984 to 2004: an investigation into age-, size-, and breed-related causes of death. J Vet Intern Med. 2011;25(2):187–198. doi:10.1111/j.1939-1676.2011.0695.x

# Later cancer diagnosis in dogs is often associated with poorer outcomes



## Lymphoma

- Later stage at diagnosis associated with lower survival time<sup>1-3</sup>
- Presence of clinical signs at time of diagnosis associated with shorter survival times and greater chance of relapse<sup>2</sup>

## Hemangiosarcoma

- For dogs receiving splenectomy and adjuvant chemotherapy, median time to disease progression is longer for stage I versus stage II<sup>4-5</sup>

## Osteosarcoma

- Larger tumors (which are associated with earlier metastasis) have a poorer prognosis<sup>6</sup>

## Malignant melanoma

- Larger tumors and higher clinical stage are associated with shorter survival times<sup>7-8</sup>

## References

1. Lautscham EM, Kessler M, Ernst T, Willimzig L, Neiger R. Comparison of a CHOP-LAsp-based protocol with and without maintenance for canine multicentric lymphoma. *Vet Rec*. 2017;180(12):303. doi:10.1136/vr.104077
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4. Treggiari E, Borrego JF, Gramer I, et al. Retrospective comparison of first-line adjuvant anthracycline vs metronomic-based chemotherapy protocols in the treatment of stage I and II canine splenic haemangiosarcoma. *Vet Comp Oncol*. 2020;18(1):43–51. doi:10.1111/vco.12548
5. Batschinski K, Nobre A, Vargas-Mendez E, et al. Canine visceral hemangiosarcoma treated with surgery alone or surgery and doxorubicin: 37 cases (2005–2014). *Can Vet J*. 2018;59(9):967–972.
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# What is screening?

Screening refers to **tests performed on at-risk, asymptomatic patients who may have disease but do not yet have clinical signs**

- Have become a routine part of wellness visits for asymptomatic patients
- Examples: Canine vector-borne disease testing; SDMA; fecal antigen

**There are few cancer screening tests available for dogs**

- Careful palpation of patient is essential, but many areas inaccessible
- CBC, chemistry profile, urinalysis changes can be insensitive and nonspecific
- Routine use of advanced imaging, like digital radiography, ultrasonography, and CT scans, may be impractical and expensive

**Several human cancers have specific screening tests**

- Breast (mammography)
- Colorectal (colonoscopy)
- Cervical (Pap smear)
- Prostate (PSA)

# Breaking down the cancer screening process

# Five Considerations for Canine Cancer Screening Success

Align on  
Expectations



Define your  
Screening  
Population



Know the  
Biology



Understand  
Test  
Performance



Complete the  
Diagnosis



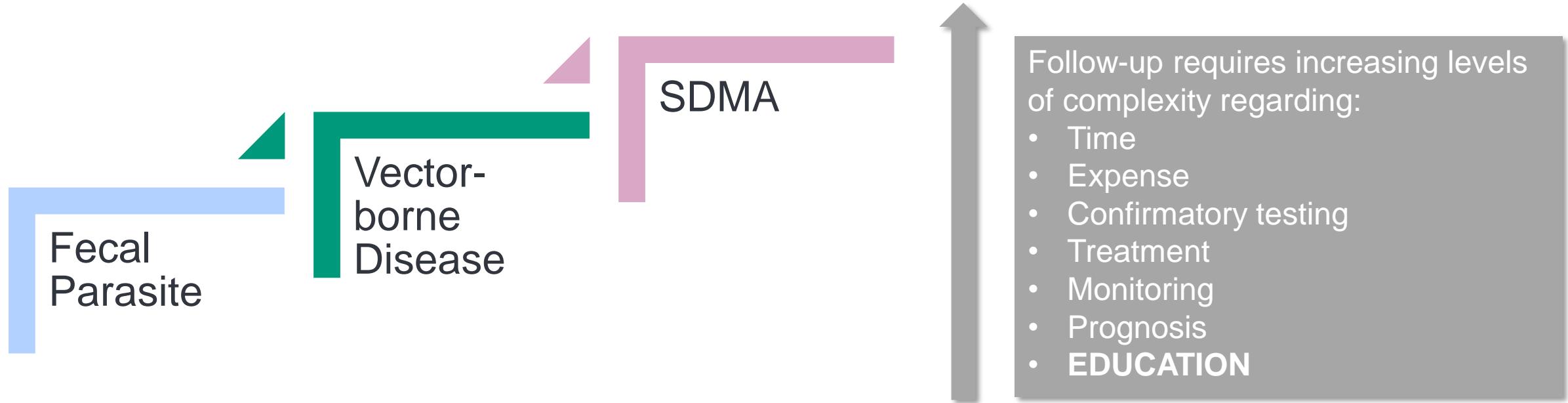
# Five Considerations for Canine Cancer Screening Success

## Align on Expectations

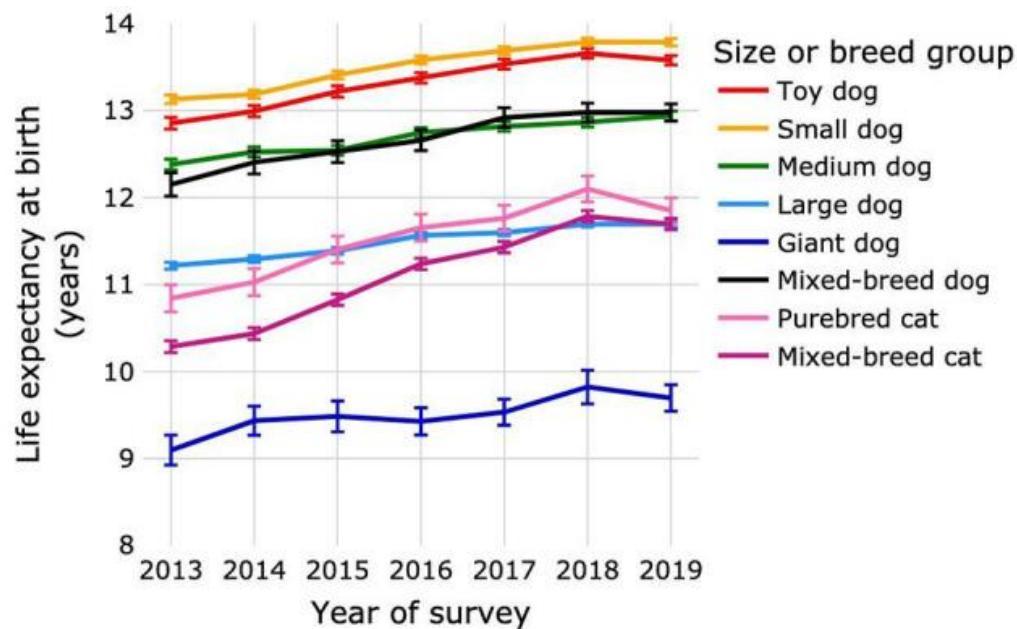


# Are your goals in sync with those of the dog owner?

- + “Begin with the end in mind”
  - + What follows a positive test result in any disease screening scenario?



# Now consider the complexity of adding cancer screening to the conversation!



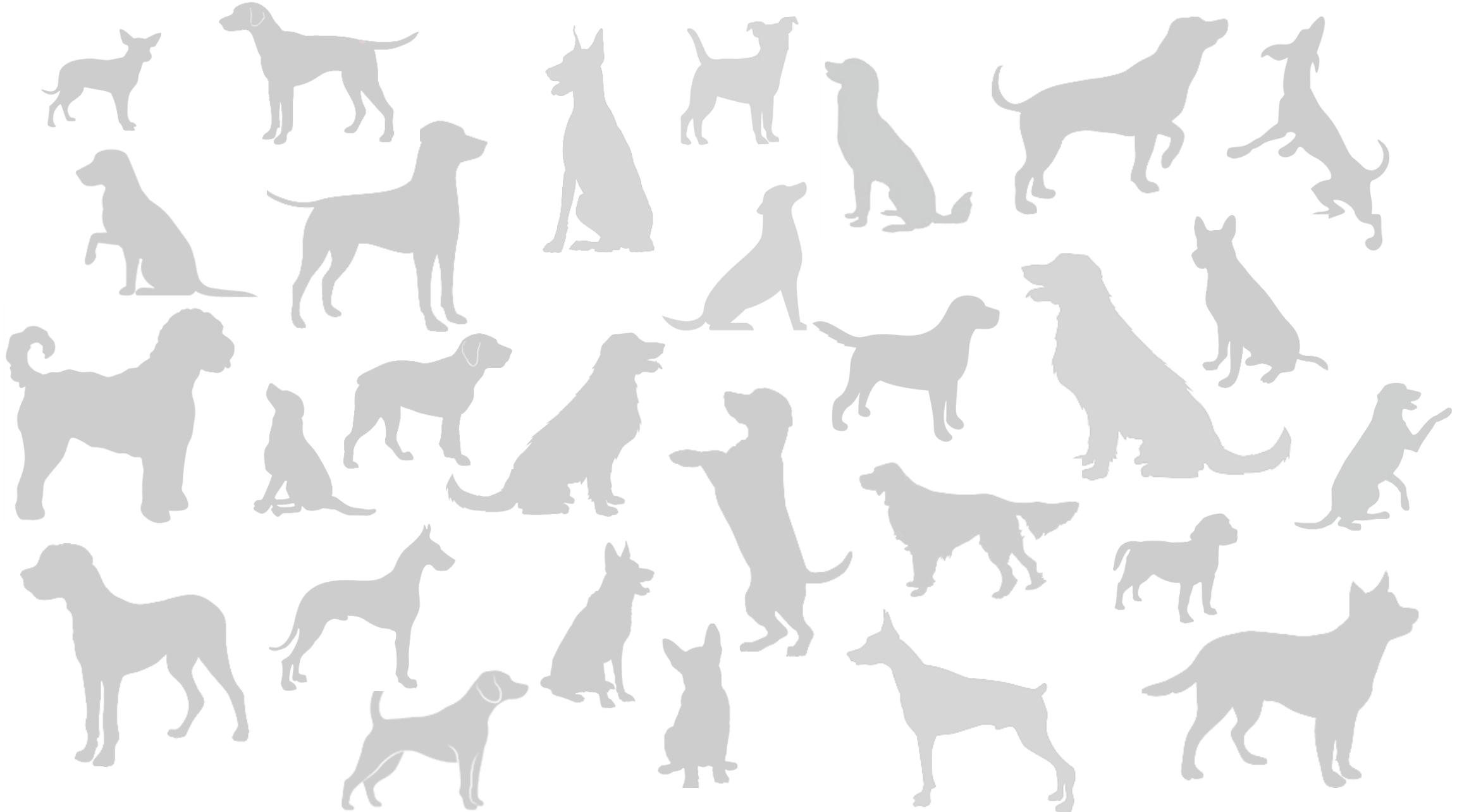
- + Finances: not starting from \$0
  - + Cancer screening would not be a one-time event
  - + Wellness visit already includes exam fee, fecal, VBD screening, CBC/Chem/UA, vaccines, parasite preventives
- + What would be the next steps after a positive screening test?
  - + Potential for more invasive, expensive confirmatory testing
- + Owner attitudes about treatments (radical surgeries, chemotherapy, etc.)
- + Finding cancer may not guarantee happy ending

- + **“Above all else, do no harm”**

# Five Considerations for Canine Cancer Screening Success





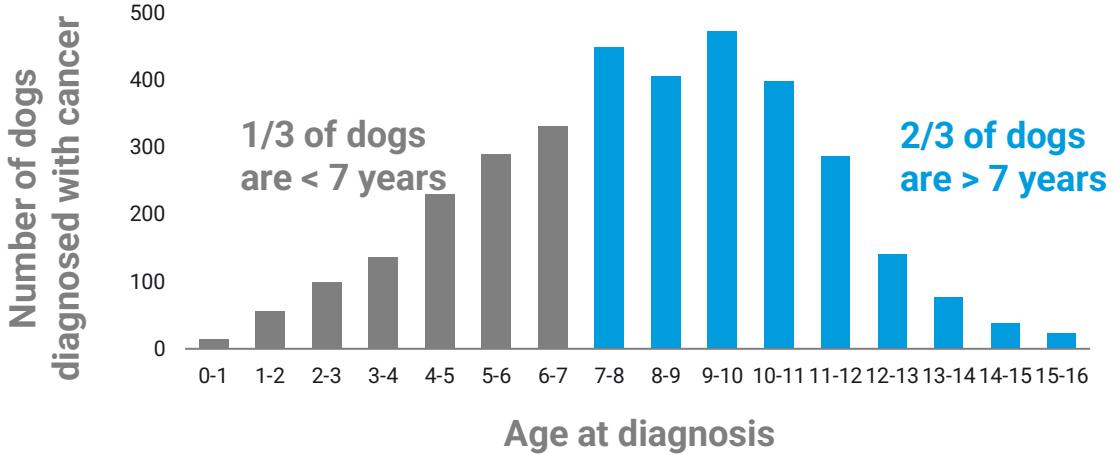
# Canine cancer risk factors can guide patient selection

The average age at time of cancer diagnosis is 8.8 years<sup>1</sup>



Pure bred dogs have 1.9 times the relative risk of cancer when compared to cross-bred and mixed-breed dogs<sup>2</sup>

## Study of 3,000+ canines diagnosed with cancer<sup>1</sup>



## Common breeds with increased risk of cancer:<sup>3,4</sup>

- Beagle
- Bernese mountain dog
- Boxer
- Flat-coated retriever
- French bulldog
- German shepherd
- Golden retriever
- Great Dane
- Irish wolfhound
- Labrador retriever
- Mastiff
- Miniature schnauzer
- Pembroke Welsh corgi
- Rottweiler
- Scottish wolfhound
- Siberian husky

### References

1. Rafalko JM, Kruglyak KM, McCleary-Wheeler AL, et al. Age at cancer diagnosis by breed, weight, sex, and cancer type in a cohort of over 3,000 dogs: determining the optimal age to initiate cancer screening in canine patients. Preprint. Posted online April 05, 2022. bioRxiv 486448. doi:10.1101/2022.03.30.486448
2. Some high, some low: Purebred cancer rates you need to know. Nationwide Pet Insurance. Published March 8, 2022. Accessed March 9, 2023. [https://news.nationwide.com/some-high-some-low-purebred-cancer-rates-you-need-to-know/?utm\\_source=prpitch](https://news.nationwide.com/some-high-some-low-purebred-cancer-rates-you-need-to-know/?utm_source=prpitch)
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4. Edwards DS, Henley WE, Harding EF, Dobson JM, Wood JLN. Breed incidence of lymphoma in a UK population of insured dogs. Vet Comp Onc. 2003;1(4):200–206. doi:10.1111/j.1476-5810.2003.00025.x

# Canine **cancer** screening: focused on the most at-risk population



Recommend for **all dogs over the age of 7**

- (Currently, the average age of dogs at time of cancer diagnosis is 8.8 years of age)



Recommend for **at-risk breeds** aged 4 and older with an increased risk of cancer, such as:<sup>1,2</sup>

• Beagle	• French bulldog	• Irish wolfhound	• Pembroke Welsh corgi
• Bernese mountain dog	• German shepherd	• Labrador retriever	• Rottweiler
• Boxer	• Golden retriever	• Mastiff	• Scottish wolfhound
• Flat-coated retriever	• Great Dane	• Miniature schnauzer	• Siberian husky



Ultimately, narrowing screening to those at-risk **increases the disease prevalence** in your **testing population**

- Higher prevalence increases the **positive-predictive value (PPV)**, meaning a positive result is more likely to be a true positive.

## References

1. Van Rooyen LJ, Hooijberg E, Reyers F. Breed prevalence of canine lymphoma in South Africa. J S Afr Vet Assoc. 2018;89(0):e1–e11. doi:10.4102/jsava.v89i0.1530
2. Edwards DS, Henley WE, Harding EF, Dobson JM, Wood JLN. Breed incidence of lymphoma in a UK population of insured dogs. Vet Comp Onc. 2003;1(4):200–206. doi:10.1111/j.1476-5810.2003.00025.x

# Five Considerations for Canine Cancer Screening Success

## Align on Expectations



Begin with the end  
in mind

Do no harm

## Define your Screening Population

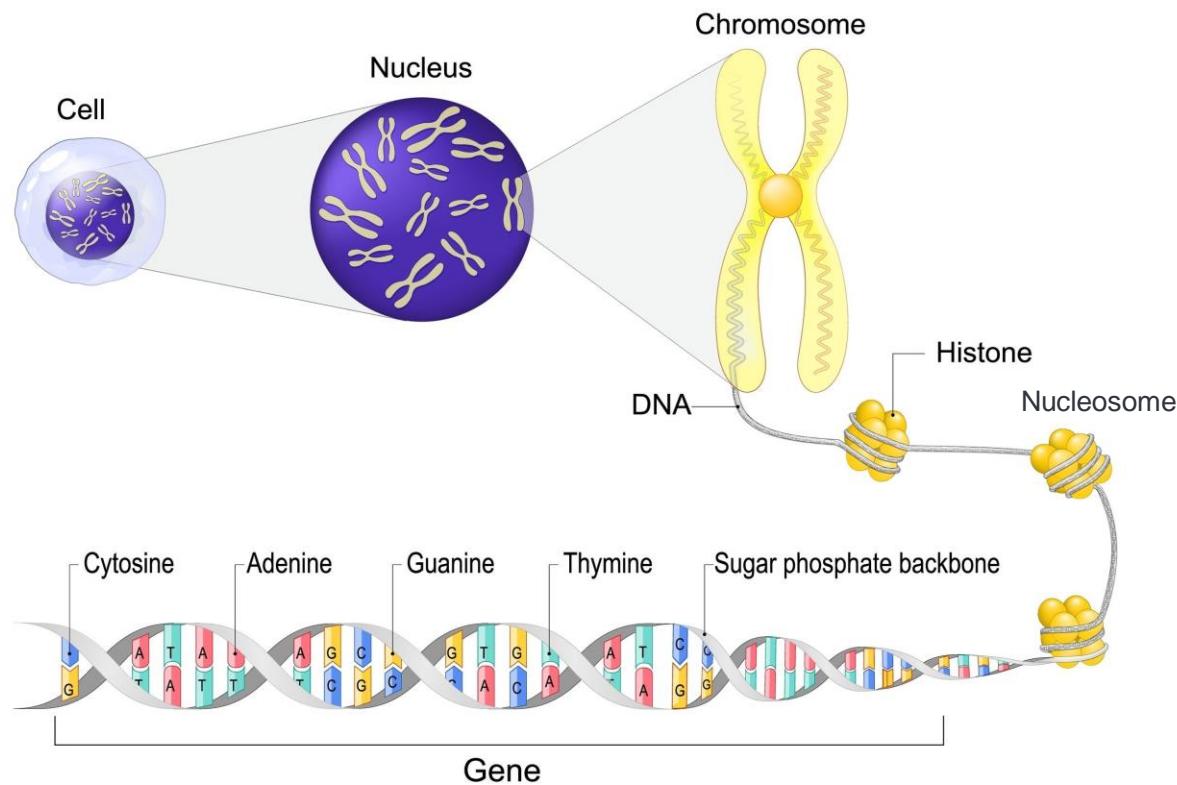


Screen dogs  
based on their  
cancer risk factors

## Know the Biology



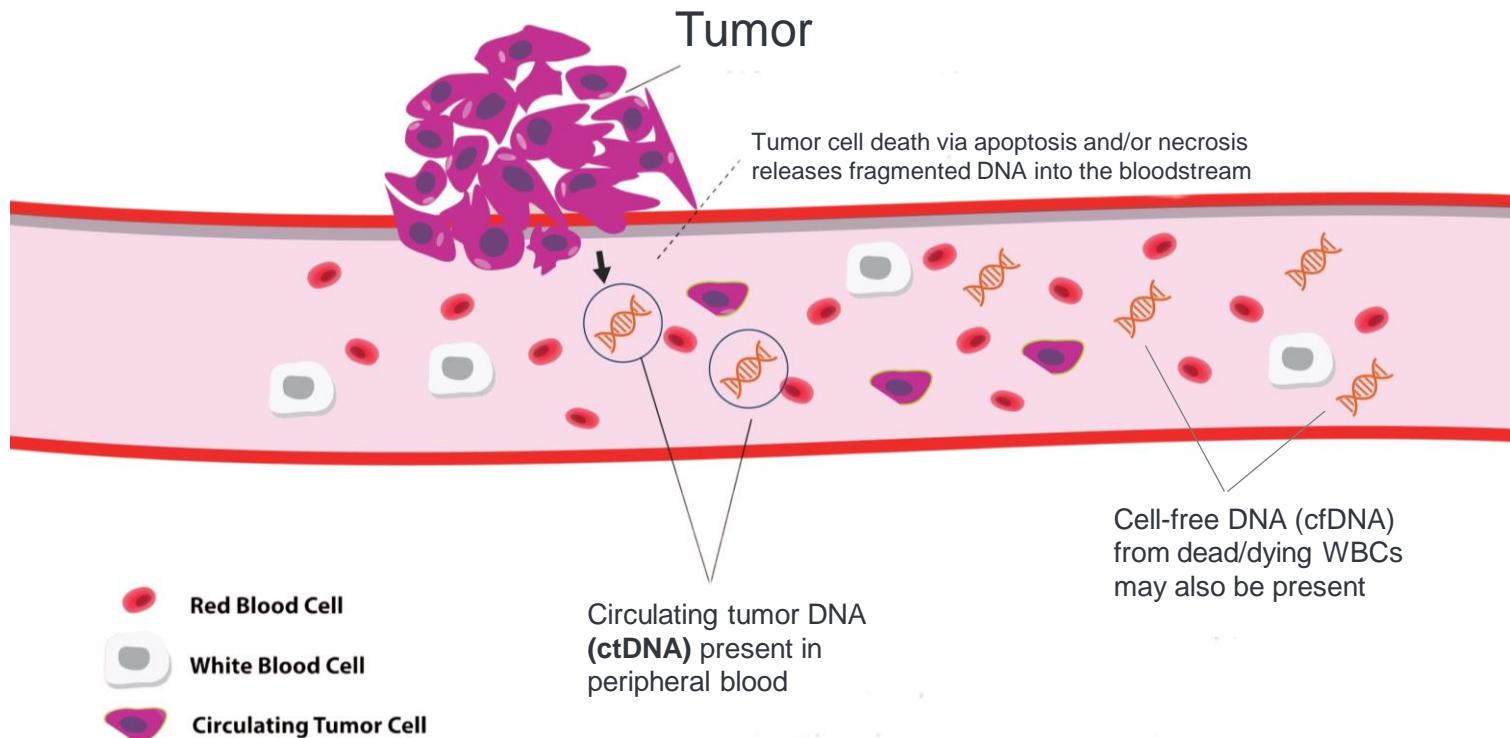
# Cancer is a disease of the genome



<https://www.shutterstock.com/image-vector/cell-anatomy-nucleus-chromosomes-close-dna-2158340551>

- + Uncorrected mutations confer a **growth and/or survival advantage** to affected cells
- + Mutations can affect germline or somatic cells
  - + **Oncogenes** (“mash the gas pedal”)
  - + **Tumor-suppressor genes** (“cut the brake lines”)

# Liquid biopsy involves capturing circulating cell-free DNA



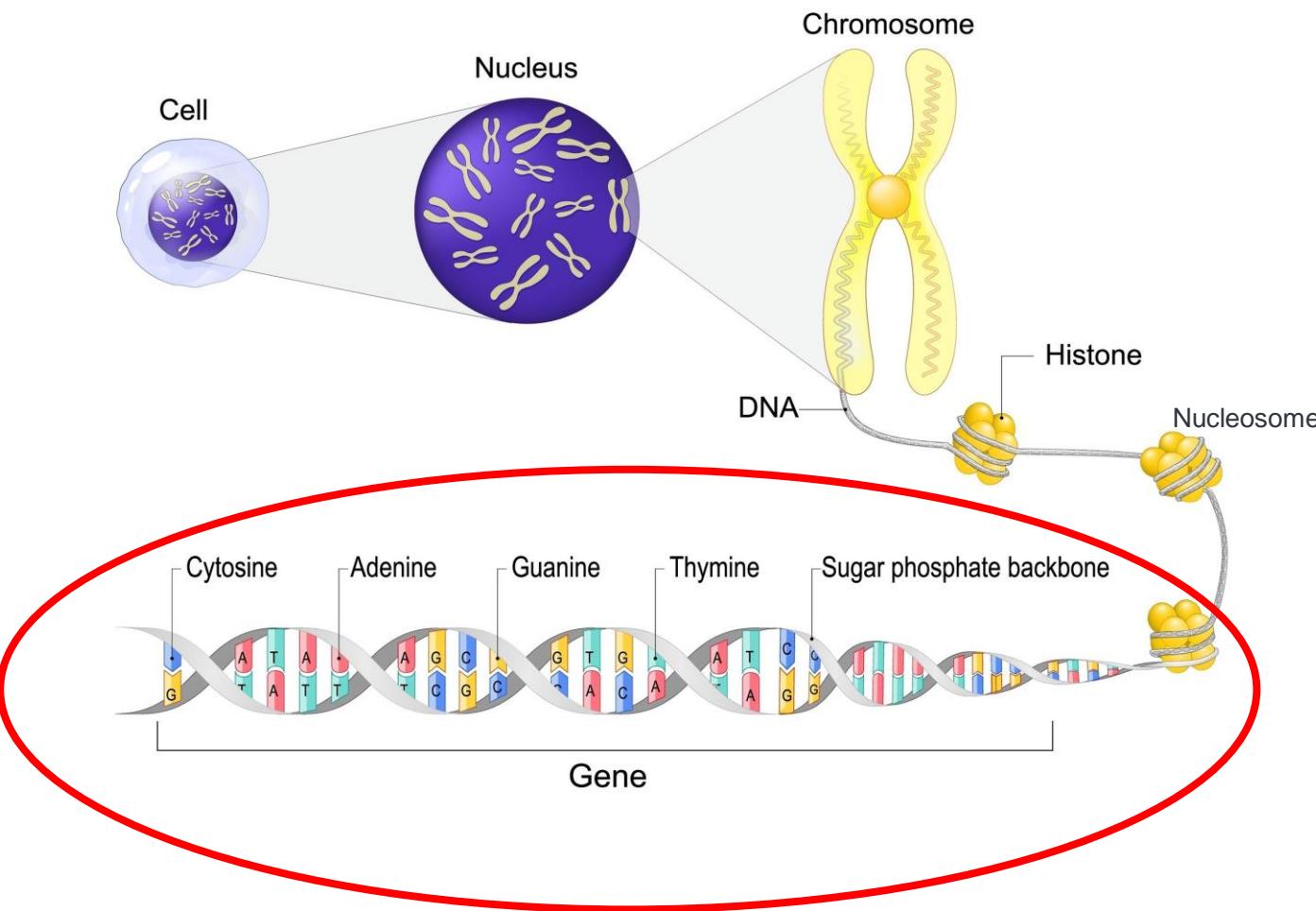
<https://www.shutterstock.com/image-vector/circulating-tumor-dna-ctdna-primary-cell-2225391021>

Factors affecting the amount of ctDNA in the peripheral blood:

- Size of tumor
- Rapid growth of tumor
- Local vs. systemic

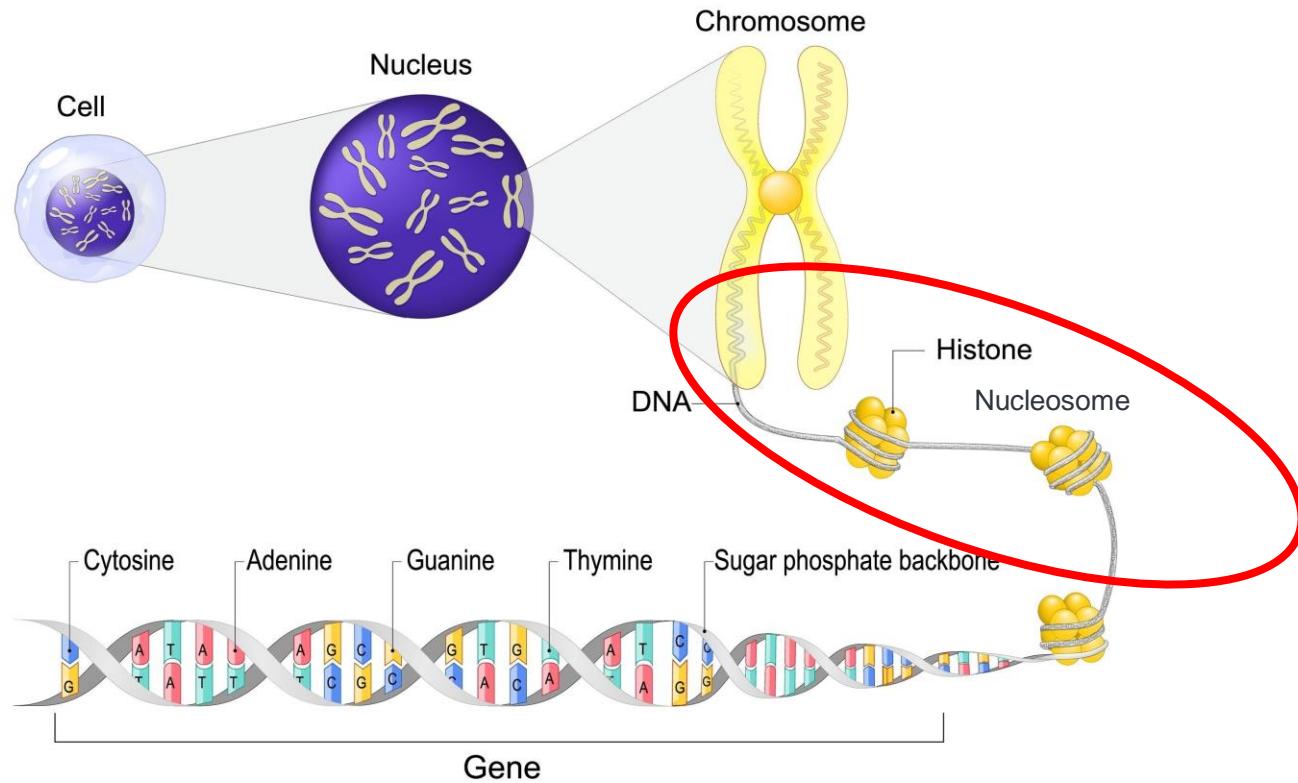
As a result, the likelihood of detecting ctDNA increases when the dog has “more cancer”

# Oncok9® detects cancer driver mutations in ctDNA



- Blood (two 7 mL DNA isolation tubes) is collected
- Millions of cfDNA fragments are isolated
- Next-generation sequencing (NGS) is used to interrogate the cfDNA
- Bioinformatic algorithms then compare against canine genome to identify mutations of significance
- Result is either “Cancer Signal Detected” or “Cancer Signal Not Detected”
- Sequencing of actual DNA mutations means high specificity for presence of cancer
- Provides no information on type of cancer present (except for ~40% of lymphoma/leukemia samples)

# The Nu.Q® Vet Cancer test measures circulating plasma nucleosomes



- Blood (2-5 mL) is collected into EDTA tube, centrifuged, and plasma is transferred to non-additive tube
- Nucleosome unit is captured by an ELISA using a specific antibody targeting the histone protein
- Result is a quantitative concentration that is categorized into low, medium, and high risk of cancer
- Provides no information on type of cancer present
- Not a specific marker of cancer, since other processes (e.g., inflammation, sepsis, fed state) can also increase nucleosome concentration

# Five Considerations for Canine Cancer Screening Success

## Align on Expectations



Begin with the end in mind

Do no harm

## Define your Screening Population



Screen dogs based on their cancer risk factors

## Know the Biology

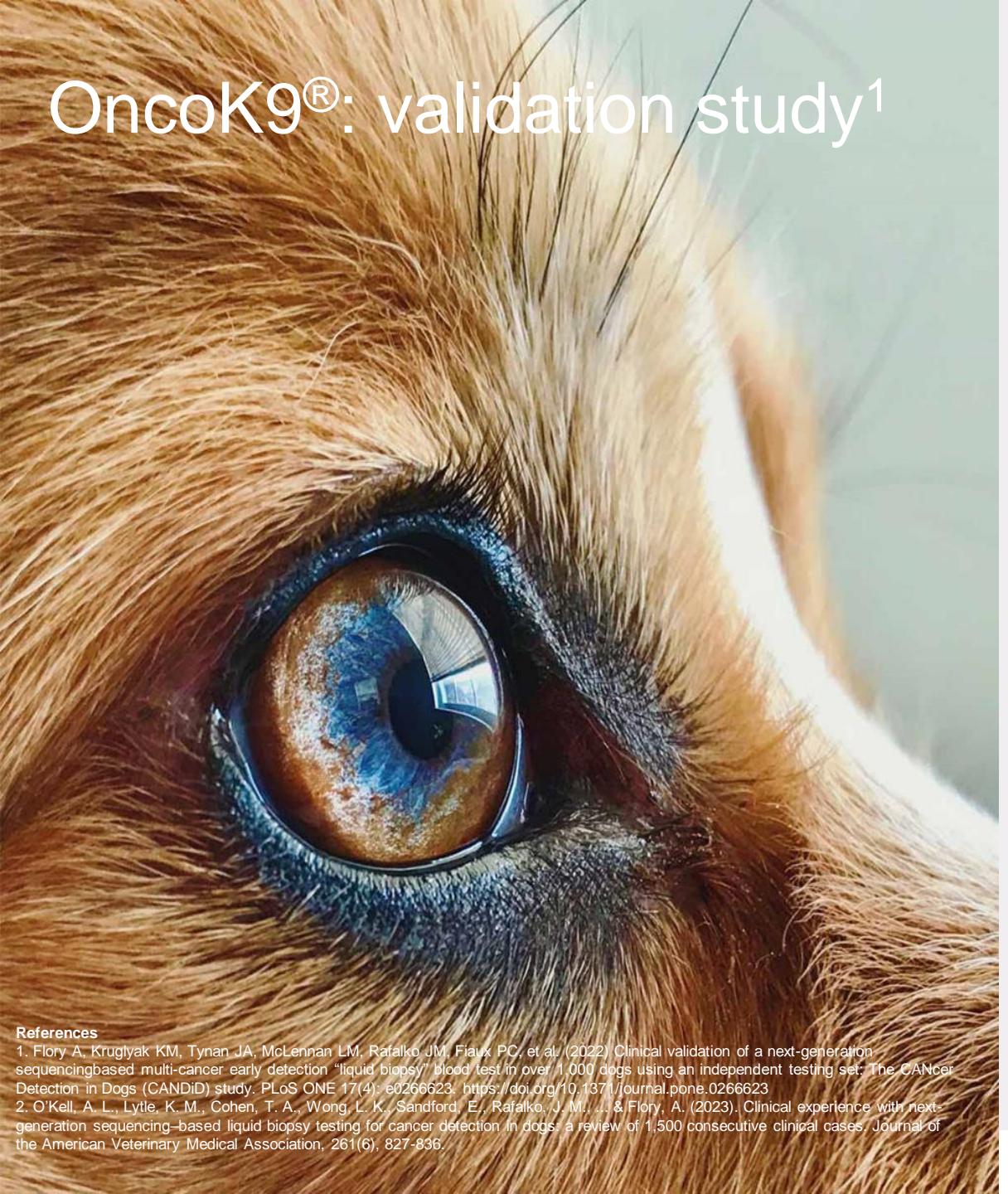


cfDNA in blood is the target for liquid biopsy

## Understand Test Performance



# Oncok9®: validation study<sup>1</sup>



## 1100 canine samples included in study:

- 667 presumably cancer-free dogs
- 433 cancer-diagnosed dogs



## Variety of dogs included

- Different breeds, weights, age, weight, sex, and cancer stages



## All cancers with confirmed diagnosis of malignancy included in the study



## Bioinformatic algorithms optimized on training set

- Locked-down algorithm then used on testing set to establish the clinical performance data

*Similar performance results were documented in 2023 publication reviewing 1500 clinical cases<sup>2</sup>*

### References

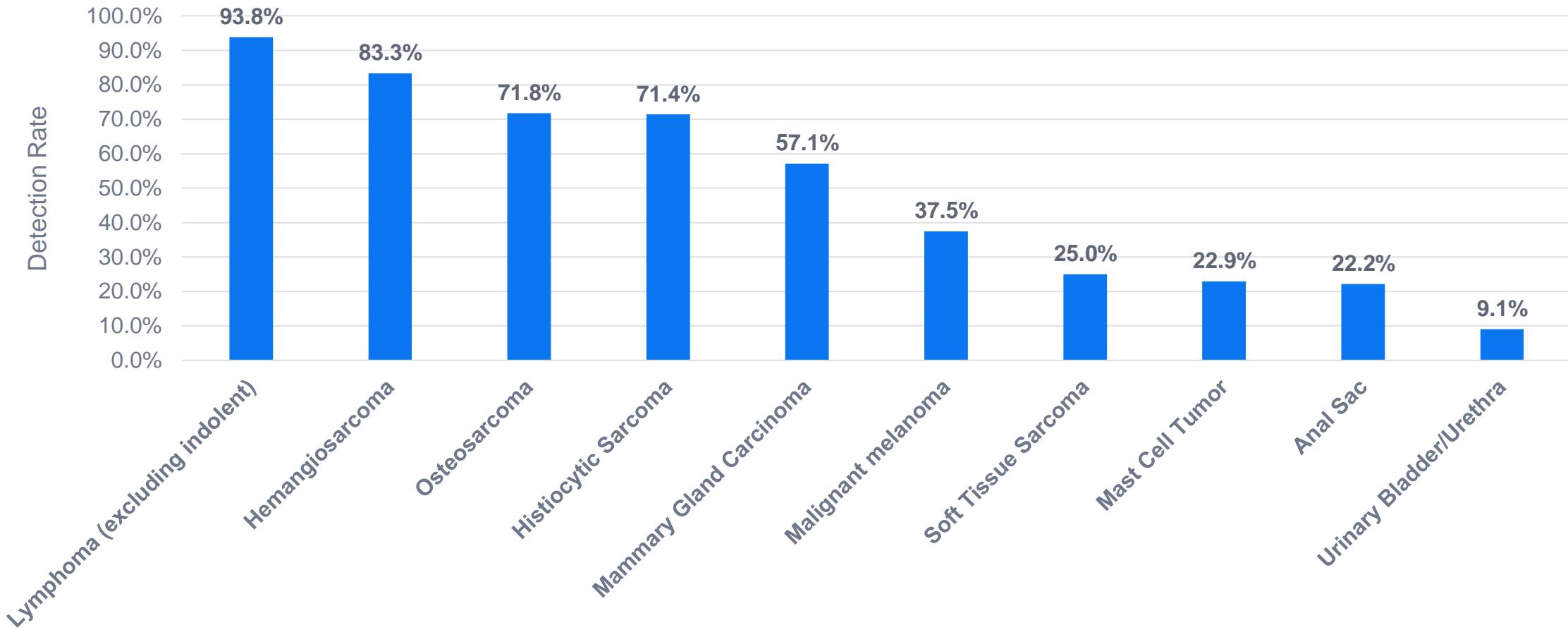
1. Flory A, Kruglyak KM, Tynan JA, McLennan LM, Rafalko JM, Fiaux PC, et al. (2022) Clinical validation of a next-generation sequencing-based multi-cancer early detection "liquid biopsy" blood test in over 1,000 dogs using an independent testing set: The CANcer Detection in Dogs (CANDiD) study. PLoS ONE 17(4): e0266623. <https://doi.org/10.1371/journal.pone.0266623>
2. O'Kell, A. L., Lytle, K. M., Cohen, T. A., Wong, L. K., Sandford, E., Rafalko, J. M., ... & Flory, A. (2023). Clinical experience with next-generation sequencing-based liquid biopsy testing for cancer detection in dogs: a review of 1,500 consecutive clinical cases. Journal of the American Veterinary Medical Association, 261(6), 827-836.

# Oncok9® Test Sensitivity

At 98.5% specificity versus presumably cancer-free population

Sample of some of  
the 30+ cancer types  
detected by Oncok9®

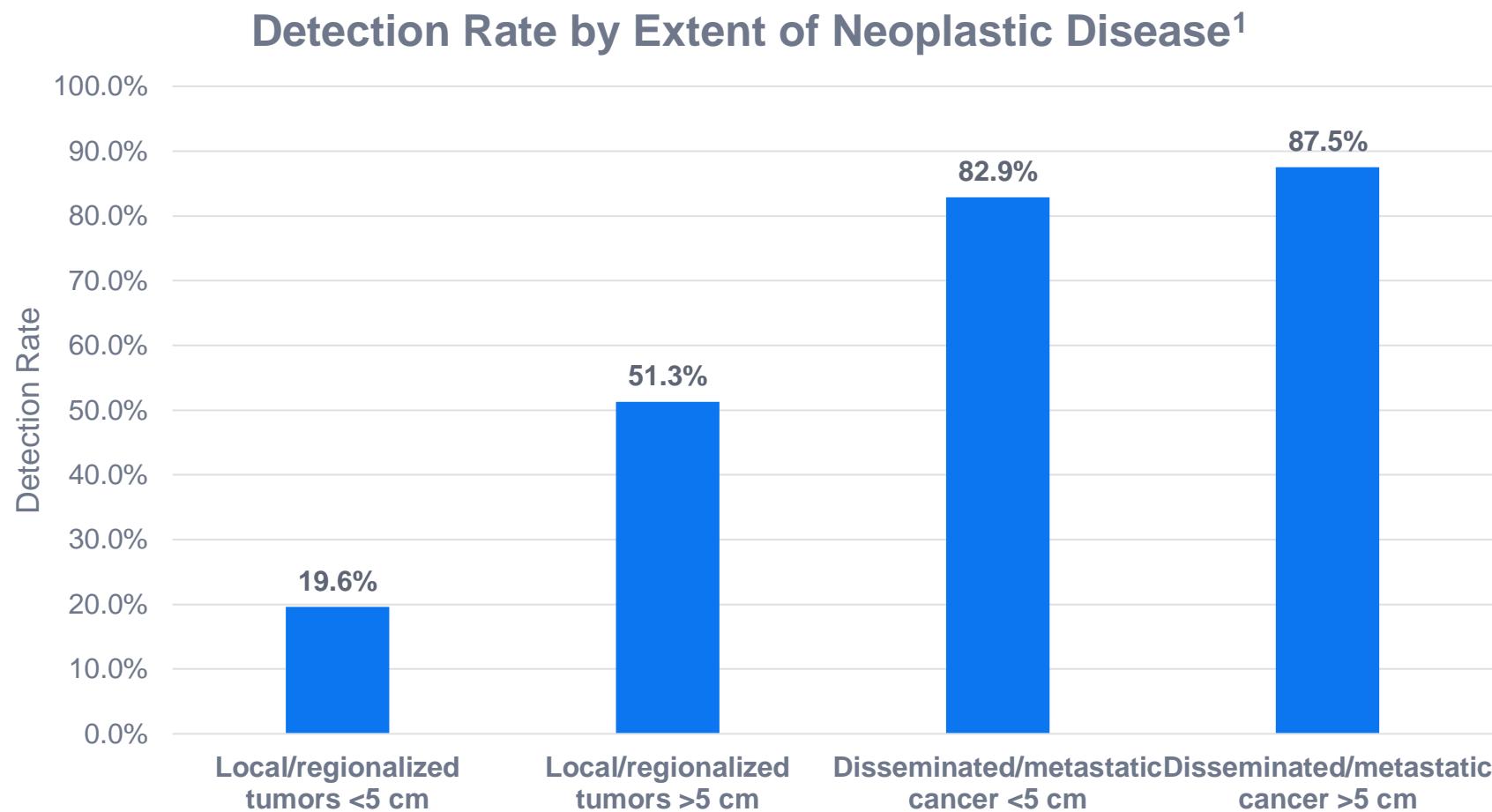
Detection by Cancer Type<sup>1</sup>



Reference

1. Flory A, Kruglyak KM, Tynan JA, McLennan LM, Rafalko JM, Fiaux PC, et al. (2022) Clinical validation of a next-generation sequencingbased multi-cancer early detection "liquid biopsy" blood test in over 1,000 dogs using an independent testing set: The CANcer Detection in Dogs (CANDiD) study. PLoS ONE 17(4): e0266623. <https://doi.org/10.1371/journal.pone.0266623>

# Cancer detection rate increases with size of tumor and clinical stage



#### Reference

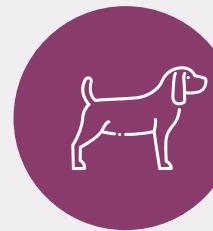
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# Nu.Q® Vet Cancer Test: validation studies<sup>1</sup>



## References

1. Dolan C, Miller T, Jill J, Terrell J, Kelly TK, Bygott T, Wilson-Robles H. Characterizing circulating nucleosomes in the plasma of dogs with lymphoma. *BMC Vet Res.* 2021;17(1):276. doi:10.1186/s12917-021-02991-x
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## 662 dogs included in studies:

- 134 apparently healthy dogs (did not include dogs with inflammatory conditions)
- 528 dogs with cancer diagnosis



## Variety of dogs included

- Different breeds, weights, age, weight, sex, and cancer stages



## 7 cancers included in studies:

- Lymphosarcoma
- Hemangiosarcoma
- Osteosarcoma
- Soft tissue sarcoma
- Mast cell tumor
- Melanoma
- Histiocytic sarcoma



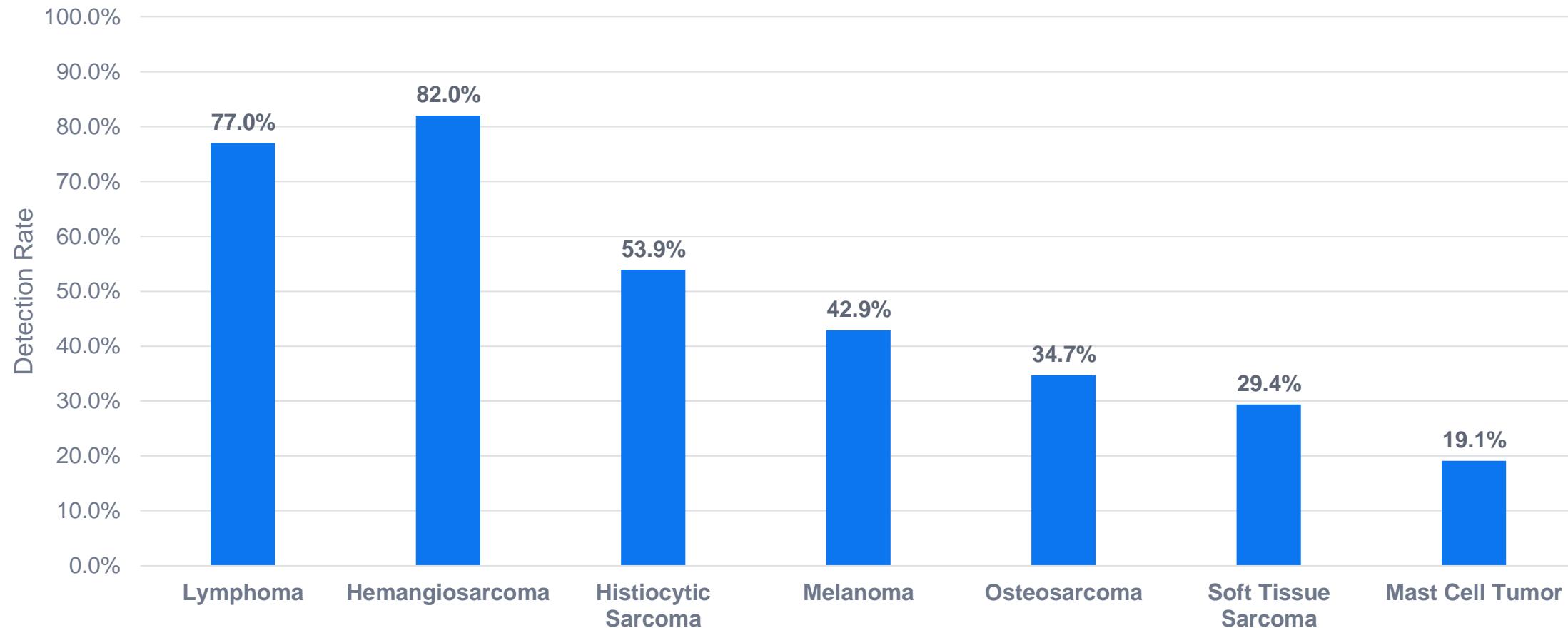
## Reference ranges for nucleosome concentrations established

- Cutoffs established for healthy versus cancer subjects

# Nu.Q® Vet Cancer Test Sensitivity

At 97% specificity versus a healthy control population

## Detection by Cancer Type<sup>1</sup>

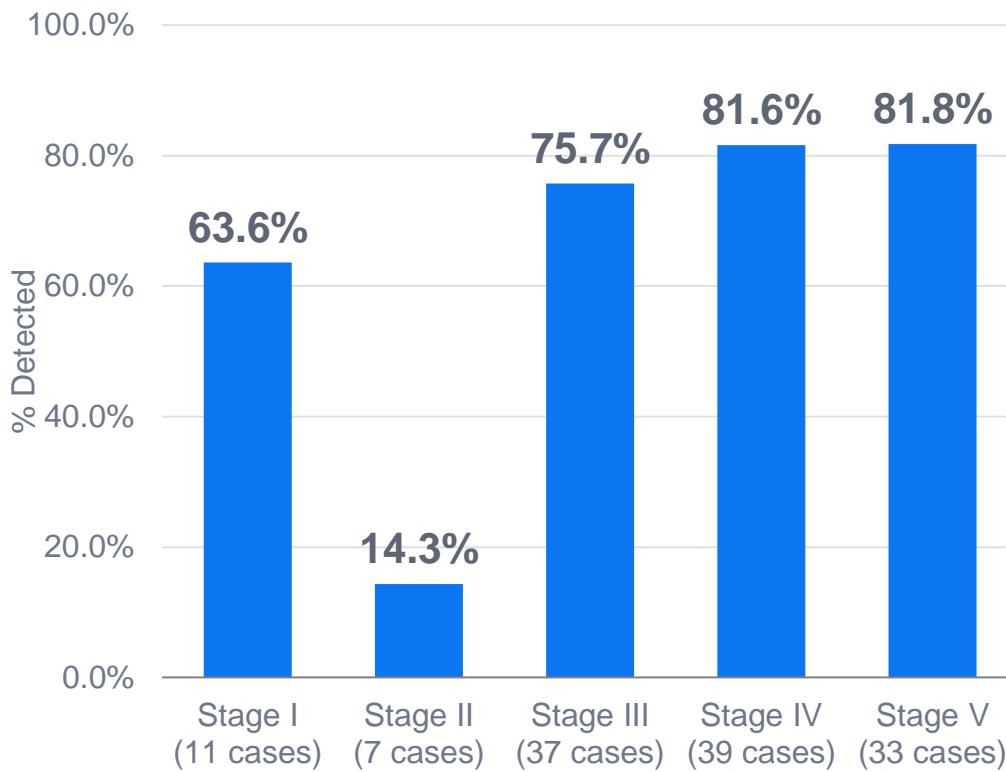


### Reference

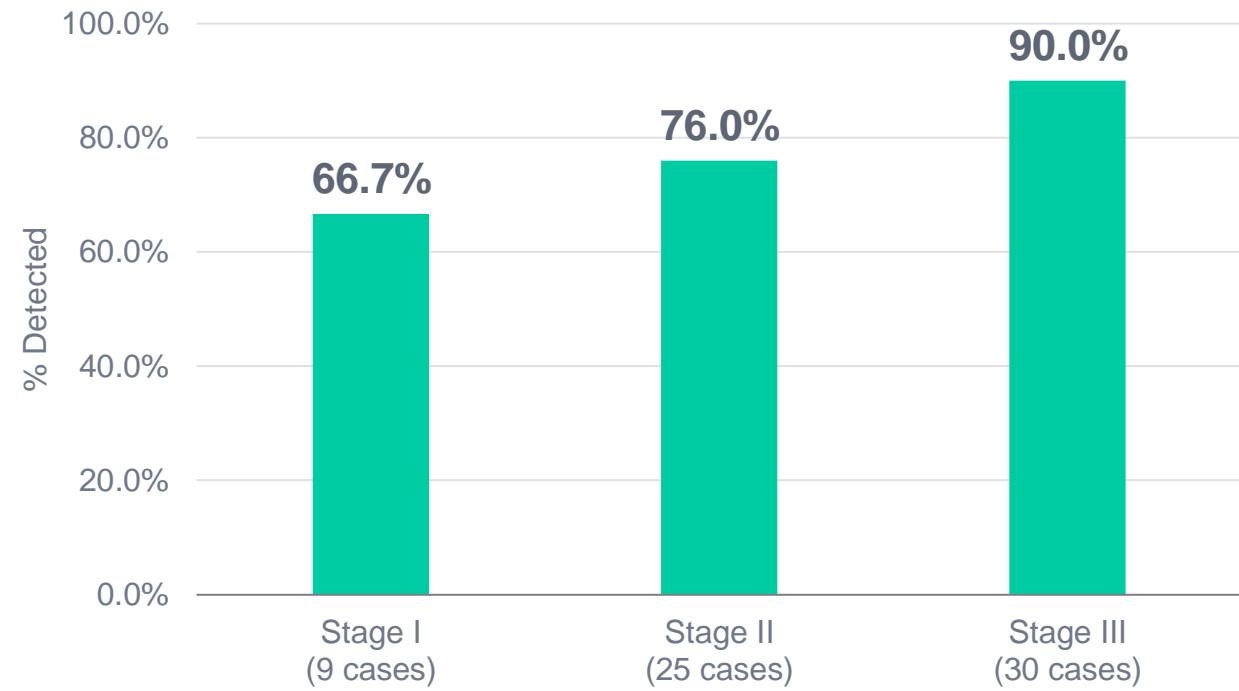
1. Wilson-Robles H, Miller T, Jarvis J, et al. Evaluation of nucleosome concentrations in healthy dogs and dogs with cancer. *PLoS One*. 2020;15(8):e0236228. doi:10.1371/journal.pone.0236228

# Chances of elevated nucleosome concentrations increases with stage of cancer

## Lymphoma detection by stage<sup>1</sup>



## Hemangiosarcoma detection by stage<sup>2</sup>



### Reference

1. Dolan C, Miller T, Jill J, Terrell J, Kelly TK, Bygott T, Wilson-Robles H. Characterizing circulating nucleosomes in the plasma of dogs with lymphoma. *BMC Vet Res.* 2021;17(1):276. doi:10.1186/s12917-021-02991-x
2. Wilson-Robles, H., Miller, T., Jarvis, J., Terrell, J., Kelly, T. K., Bygott, T., & Bougoussa, M. (2021). Characterizing circulating nucleosomes in the plasma of dogs with hemangiosarcoma. *BMC Veterinary Research*, 17(1), 231.

# Five Considerations for Canine Cancer Screening Success

## Align on Expectations



Begin with the end in mind

Do no harm

## Define your Screening Population



Screen dogs based on their cancer risk factors

## Know the Biology



cfDNA in blood is the target for liquid biopsy

## Understand Test Performance



More advanced, systemic cancers have higher detection rates

## Complete the Diagnosis



# Before a cancer screening result, consider the information in hand

- + Signalment
  - + Are there identifiable cancer risk factors?
- + History
  - + What clues of cancer is the owner possibly providing?
- + Physical exam
  - + Honest assessment: Are you missing anything?
- + Diagnostics
  - + What is going to assist your assessment of this patient's health
    - + CBC/Chemistry Panel/Urinalysis
    - + Fecal Parasites
    - + Vector-borne disease
    - + Imaging



# I have the result of my screening test, what's next?

**OncoK9®**

Test Result	Cancer Biology and Test Considerations	Potential Next Steps
Cancer Signal Not Detected	<ul style="list-style-type: none"><li>- No cancer-associated genomic mutations detected. Reduced likelihood cancer is present</li><li>- Suspicion of cancer remains (patient factors, exam findings, other diagnostic findings, cancer type, etc.); not all cancer types detected</li></ul>	<ul style="list-style-type: none"><li>- Retest as part of next wellness visit</li><li>- Retest in 4 weeks to 6 months and/or:</li><li>- Further cancer investigation warranted</li></ul>
Cancer Signal Detected	<ul style="list-style-type: none"><li>- Cancer-associated genomic alterations were detected in the DNA from the patient's blood sample.</li><li>- Given high test specificity, likelihood of cancer is greatly increased.</li></ul>	<ul style="list-style-type: none"><li>- Further cancer investigation warranted</li></ul>

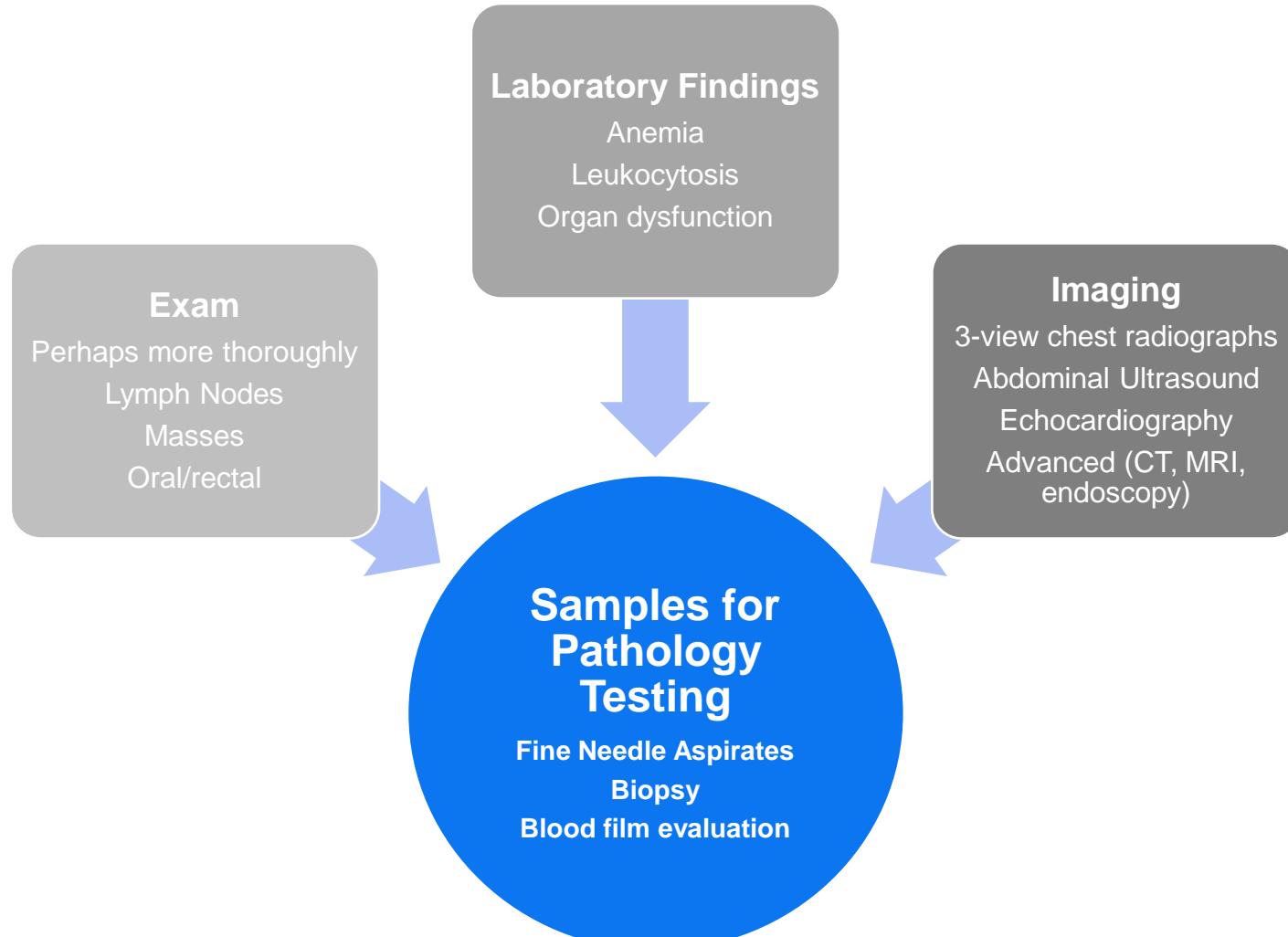
# I have the result of my screening test, what's next?

## Nu.Q® Vet Cancer Test

Test Result	Cancer Biology and Test Considerations	Potential Next Steps
Low Suspicion (<50 ng/mL)	<ul style="list-style-type: none"><li>- Nucleosome levels consistent with healthy patients</li><li>- Suspicion of cancer remains (patient factors, exam findings, other diagnostic findings, cancer type, etc.); not all cancer types detected</li></ul>	<ul style="list-style-type: none"><li>- Retest as part of next wellness visit</li></ul>
Moderate Suspicion (50-80 ng/mL)	<ul style="list-style-type: none"><li>- Nucleosome concentrations seen with non-fasted patient and/or inflammatory conditions</li><li>- Nucleosome concentrations consistent with early cancers</li></ul>	<ul style="list-style-type: none"><li>- Confirm fasted sample; re-draw if necessary</li><li>- rule-out/resolve inflammation; re-test in 2-4 weeks</li></ul> <p><b>- Further cancer investigation warranted</b></p>
High Suspicion (>80 ng/mL)	<ul style="list-style-type: none"><li>- Nucleosome concentrations consistent with levels found in cancer patients</li></ul>	<p><b>- Further cancer investigation warranted</b></p>

# “Further Cancer Investigation Warranted”

**Completing the diagnosis involves sampling for pathology testing**



Tips for narrowing the search:

1. Consider screening test sensitivity in detecting specific types of cancer (larger/systemic cancers vs. smaller/local cancers)
2. Consider common tumors affecting dogs and specific breed predilection (“common things happen commonly”)

# Five Considerations for Canine Cancer Screening Success

## Align on Expectations



Begin with the end in mind

Do no harm

## Define your Screening Population



Screen dogs based on their cancer risk factors

## Know the Biology



cfDNA in blood is the target for liquid biopsy

## Understand Test Performance



More advanced, systemic cancers have higher detection rates

## Complete the Diagnosis



Use all information in hand to find, sample, and definitively diagnose



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