



VITICUSGROUP™
WVC ANNUAL CONFERENCE
MARCH 2 - 5, 2025 | LAS VEGAS, NV

Test something, no test **EVERYTHING... STAT**

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Financial Disclosure

I have a direct relationship with IDEXX, but it **will not** influence the nature of my presentation.

The information contained herein is intended to provide general guidance only. Diagnosis, treatment, and monitoring should be patient specific and is the responsibility of the veterinarian providing primary care.



Demonstrate prioritization of ER diagnosis by use of:



- 1 | Assessment of patient status
- 2 | Your raw talents
- 3 | Prioritizing patient needs and addressing pet guardian concerns
- 4 | Your experiences
- 5 | Case examples

Before we talk about which
tests...

Let's talk about when



Never delay necessary treatment to run diagnostics

- + Stabilize respiratory status
 - + Ensure patent airway
 - + Oxygen by least stressful method
 - + Thoracocentesis
 - + Sedation if indicated
- + Support cardiovascular system
 - + Intravenous or intraosseous fluids
 - + Medications
 - + Stop bleeding, blood products
 - + Pericardiocentesis
- + Cover pain, anxiety, stress
 - + Narcotic analgesics
 - + Acepromazine (low dose, cautious)

Airway

Breathing

Cardiovascular

Compassion

Diagnostics for who?

Patient

Pet guardian

Your ER's protocols

The referring DVM/practice

Factors that
influence diagnostic
prioritization

Define the purpose of your emergency room

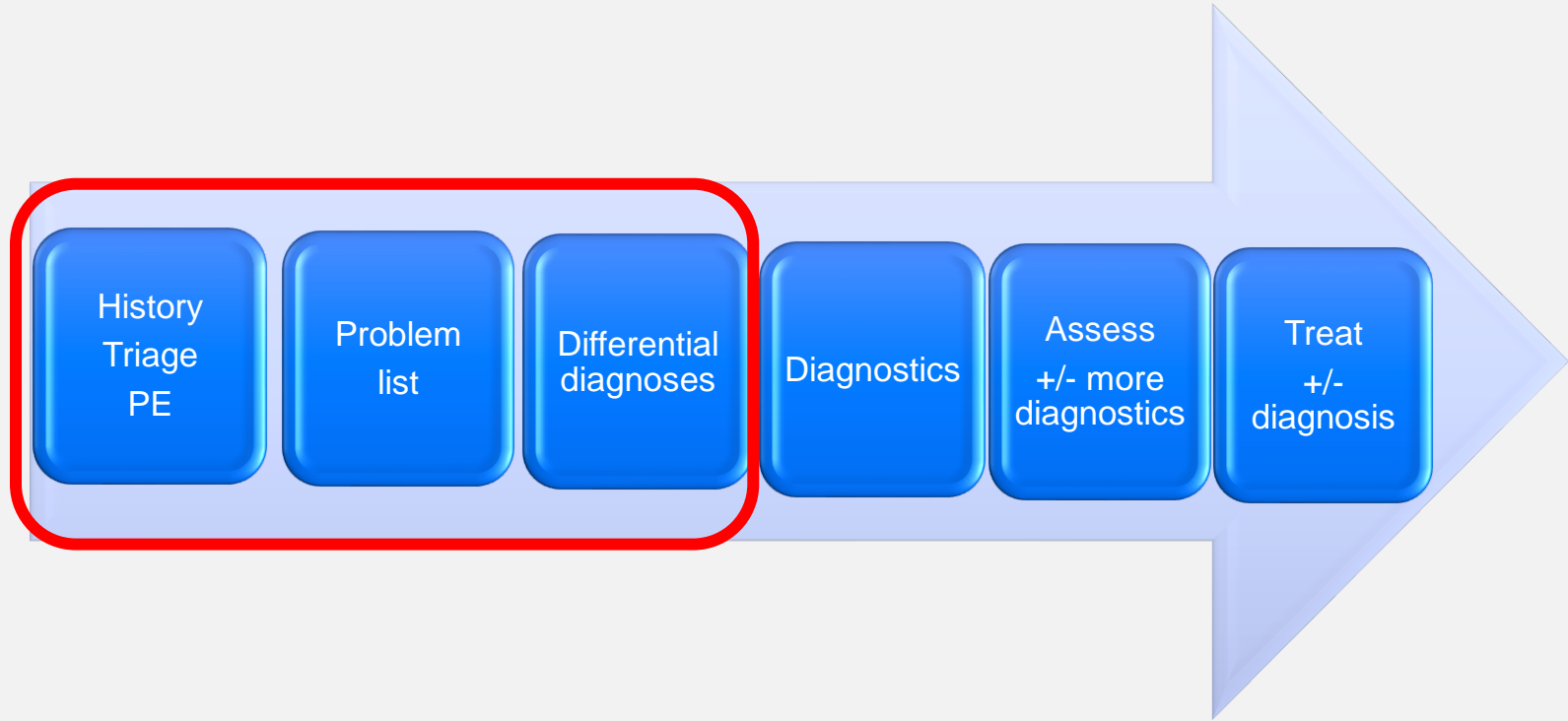
For example...

- + Stabilize and send home or to referring vet
 - + “Treat and street”
- + Do everything
 - + Full diagnosis
- + Referred for specific diagnostic or overnight monitoring “only”
- + Urgent vs. emergent care

The balancing act



Choosing diagnostics for the patient



What's the client complaint?
What's the emergency? What's the
patient's main problem?
What are the differential diagnoses?



FOCUS!!!



What constitutes an emergency (a.k.a. what kills rapidly?)

The BIG 3

Cardiovascular

- CHF
- Arrhythmias
- Thromboembolism
- Hemorrhage
- Shock (any form)
- Hypotension
- Hypertension

Neurologic

- Seizures
- Trauma
- Stroke
- Increased intracranial pressure
- Hypertension
- Hypotension

Respiratory

- Hypoxia
 - Pulmonary infiltrates
 - Pleural space disorders
 - Thromboembolism
 - Severe hypoventilation
- Hypercapnia
 - Hypoventilation of any cause



Which diagnostics and when? (Examples only!)

Immediate – 1st tier

- Quick physical/ patient assessment
- PCV/TP
- Blood glucose (BG)
- Serum electrolytes
- ECG
- Systolic blood pressure (SBP)
- Pulse oximetry
- Point of care ultrasound (POCUS)

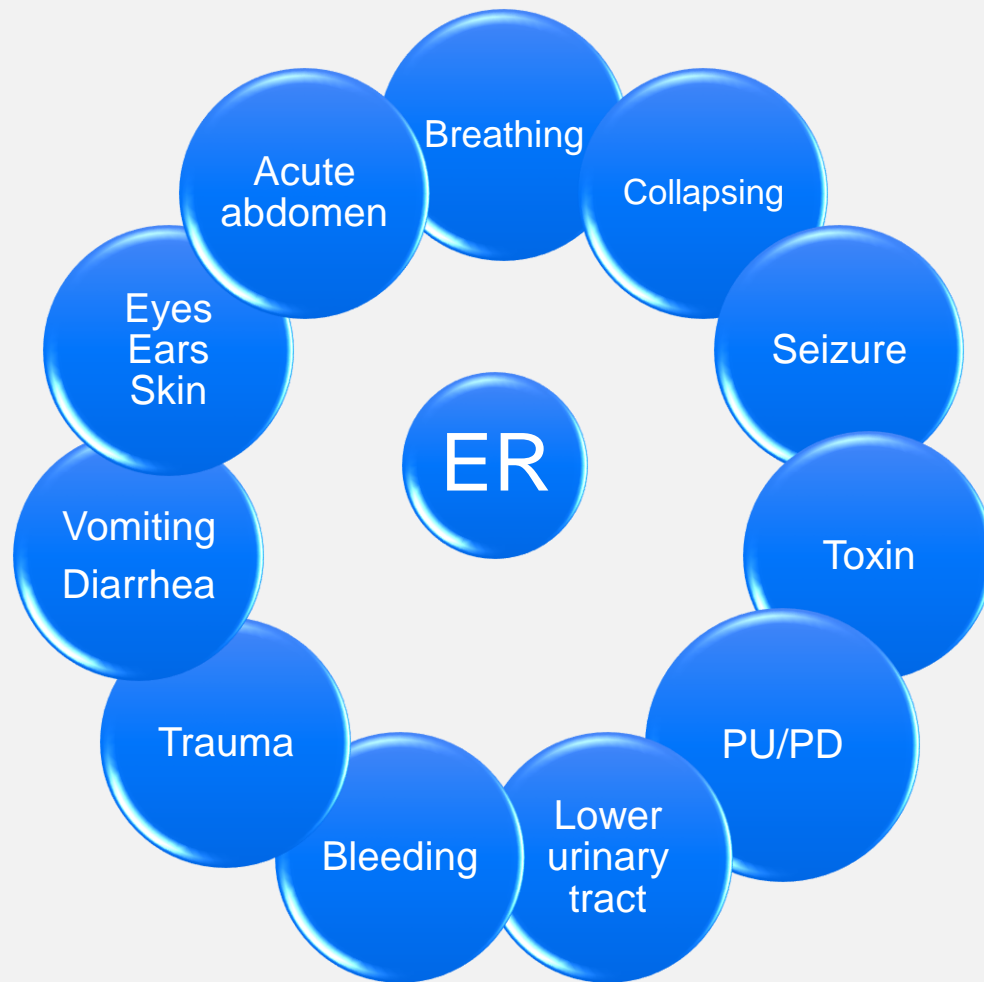
ASAP – 2nd tier

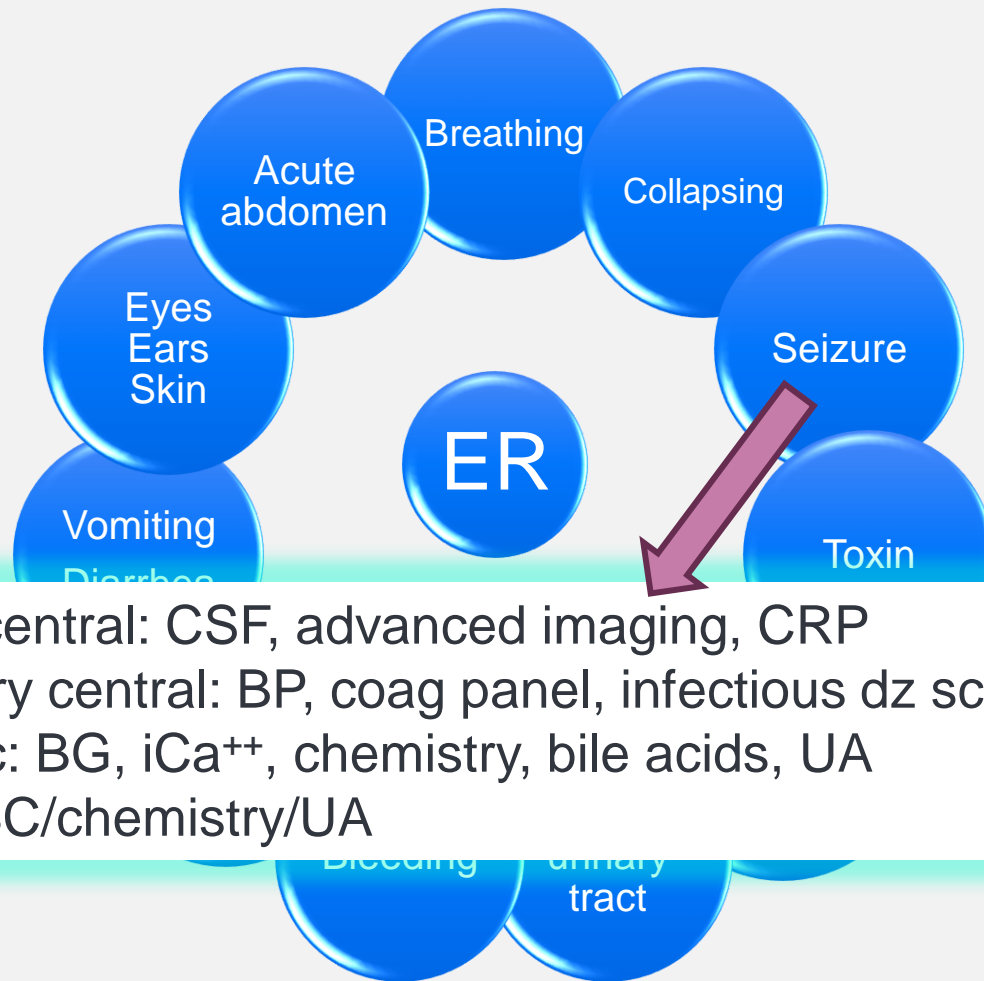
- CBC/chemistry/urinalysis
- Lactate
- Arterial or venous blood gas
- Coagulation profile
- SNAP® proBNP
- Imaging
- Fluid samples/analysis/cytology

When appropriate - 3rd tier

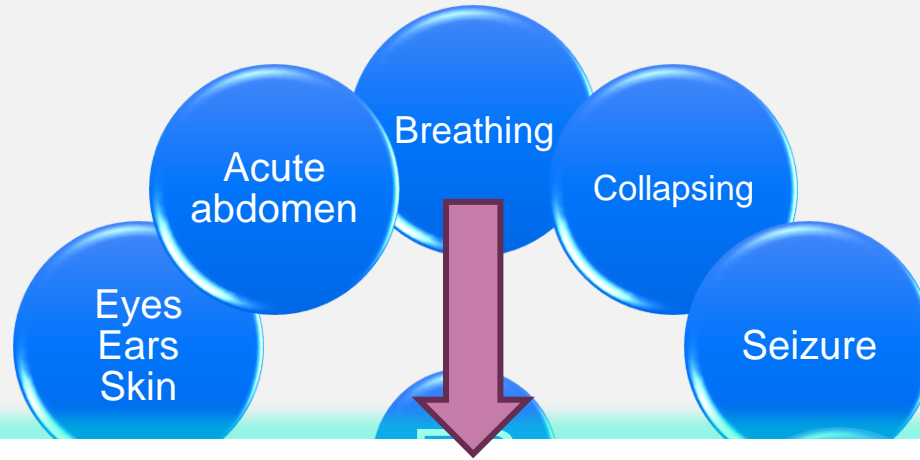
- Catalyst® PL/ SNAP® cPL/fPL
- Infectious disease screening
- C-reactive protein
- Cystatin B
- Blood type/cross-match
- Blood smear
- Slide agglutination
- Serum cortisol
- Advanced imaging
- ProBNP

****Extra samples****

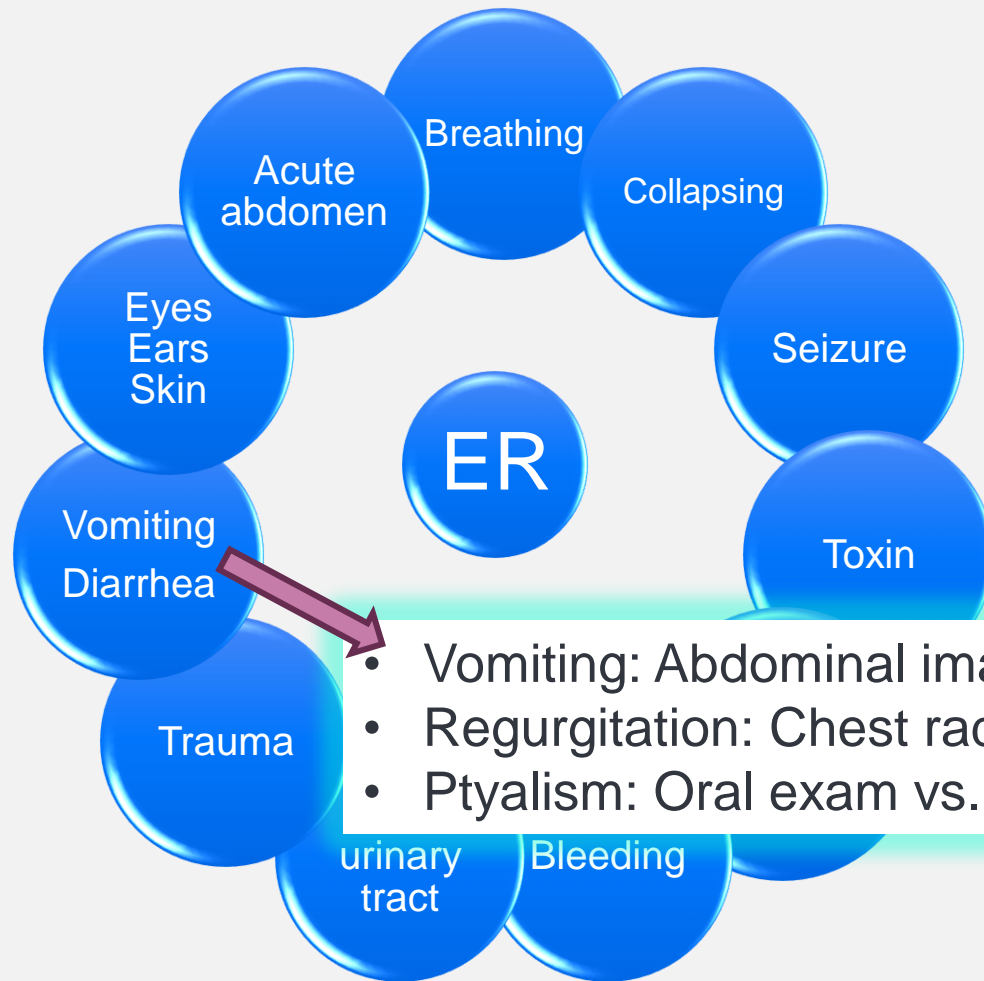




- Primary central: CSF, advanced imaging, CRP
- Secondary central: BP, coag panel, infectious dz screening
- Metabolic: BG, iCa^{++} , chemistry, bile acids, UA
- Toxic: CBC/chemistry/UA



- Upper airway: Oral exam, imaging, venous blood gas (VBG)
- Lower airway: Chest rads, ABG, lung sampling
- Pleural space: TFAST, pleural space sampling/evacuation
- Really pale patient: PCV/TP, SBP
- Suspect cardiac: Rads, TFAST, ECG, proBNP

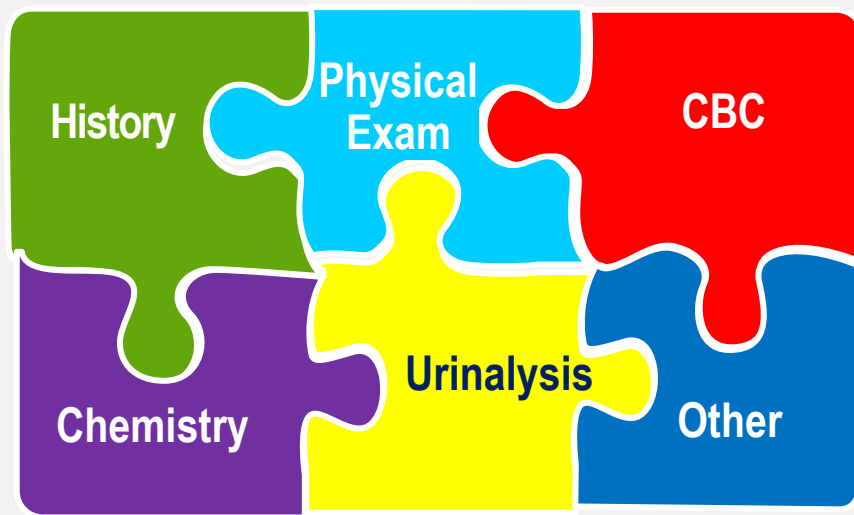


- Vomiting: Abdominal imaging, labs
- Regurgitation: Chest rads
- Ptyalism: Oral exam vs. GI work-up

When considering diagnostics, a little forward-thinking can go a LONG way

- What question(s) am I trying to answer?
- What do results of this test tell me?
- Will results of this test change what I do?
- What might happen to the patient if treatment is withheld?
- What might happen if treatment is administered without full investigation?
- How might current treatments interfere with future diagnostics?
- What future/additional samples might I need?
- If saving samples, how should they be stored?

General “minimum database”

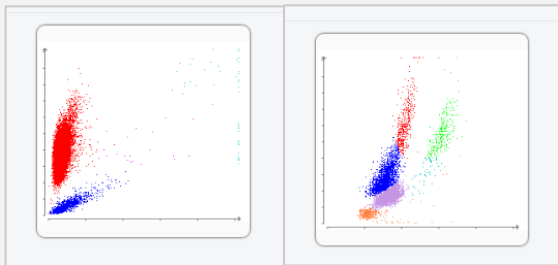


Hematology consists of 3 parts

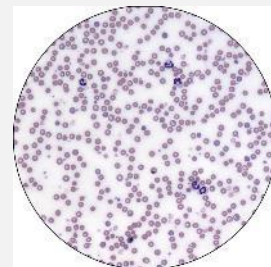
CBC

Hematology		5/13/23	11:25 AM
Click to view Differentials			
■ RBC	6.33	6.54 - 12.20 M/ μ L	<div><div></div></div>
■ Hematocrit	29.2	30.3 - 52.3 %	<div><div></div></div>
■ Hemoglobin	9.7	9.8 - 16.2 g/dL	<div><div></div></div>
■ MCV	46.1	35.9 - 53.1 fL	<div><div></div></div>
■ MCH	15.3	11.8 - 17.3 pg	<div><div></div></div>
■ MCHC	33.2	28.1 - 35.8 g/dL	<div><div></div></div>
■ RDW	20.9	15.0 - 27.0 %	<div><div></div></div>
■ % Reticulocyte	0.1	%	<div><div></div></div>
■ Reticulocytes	5.7	3.0 - 50.0 K/ μ L	<div><div></div></div>
■ Reticulocyte Hemoglobin	15.2	13.2 - 20.8 pg	<div><div></div></div>
■ WBC	8.91	2.87 - 17.02 K/ μ L	<div><div></div></div>
■ % Neutrophils	56.9	%	<div><div></div></div>
■ % Lymphocytes	33.4	%	<div><div></div></div>
■ % Monocytes	5.6	%	<div><div></div></div>
■ % Eosinophils	3.4	%	<div><div></div></div>
■ % Basophils	0.7	%	<div><div></div></div>
■ Neutrophils	5.07	2.30 - 10.29 K/ μ L	<div><div></div></div>
■ Lymphocytes	2.98	0.92 - 6.88 K/ μ L	<div><div></div></div>
■ Monocytes	0.50	0.05 - 0.67 K/ μ L	<div><div></div></div>
■ Eosinophils	0.30	0.17 - 1.57 K/ μ L	<div><div></div></div>
■ Basophils	0.06	0.01 - 0.26 K/ μ L	<div><div></div></div>
■ Platelets	368	151 - 600 K/ μ L	<div><div></div></div>
■ MPV	16.7	11.4 - 21.6 fL	<div><div></div></div>
■ Plateletcrit	0.61	0.17 - 0.86 %	<div><div></div></div>

Dot plots/graphics



Blood smear





The three major sections of the CBC

Erythrogram



Hematocrit, RBC

Anemia
Erythrocytosis

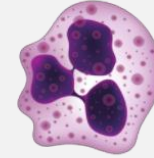
Anemia Classification

Reticulocytes
Regenerative
Non-regenerative

RBC Indices

MCV
RDW
Retic-Hemoglobin

Leukogram



Total White Blood Count

Cell Distribution

Cell Descriptions

Left Shift
Toxic Changes
Precursor

Thrombogram



Total Platelet Count

Plateletcrit

Platelet indices

MPV

Morphology

Megakaryocytes
Clumping

How do I analyze the chemistry panel?

Chemistry		Yesterday 12:56 PM		
Glucose	73	72 - 175 mg/dL	<div><div></div></div>	
IDEXX SDMA	a. 8	0 - 14 µg/dL	<div><div></div></div>	
Creatinine	1.2	0.9 - 2.3 mg/dL	<div><div></div></div>	
BUN	35	16 - 37 mg/dL	<div><div></div></div>	
BUN: Creatinine Ratio	29.2			
Phosphorus	4.7	2.9 - 6.3 mg/dL	<div><div></div></div>	
Calcium	9.6	8.2 - 11.2 mg/dL	<div><div></div></div>	
Sodium	150	147 - 157 mmol/L	<div><div></div></div>	
Potassium	4.3	3.7 - 5.2 mmol/L	<div><div></div></div>	
Na: K Ratio	35	29 - 42		
Chloride	116	114 - 126 mmol/L	<div><div></div></div>	
TCO2 (Bicarbonate)	20	12 - 22 mmol/L	<div><div></div></div>	
Anion Gap	18	12 - 25 mmol/L	<div><div></div></div>	
Total Protein	7.9	6.3 - 8.8 g/dL	<div><div></div></div>	
Albumin	3.4	2.6 - 3.9 g/dL	<div><div></div></div>	
Globulin	4.5	3.0 - 5.9 g/dL	<div><div></div></div>	
Albumin: Globulin Ratio	0.8	0.5 - 1.2	<div><div></div></div>	
ALT	45	27 - 158 U/L	<div><div></div></div>	
AST	28	16 - 67 U/L	<div><div></div></div>	
ALP	29	12 - 59 U/L	<div><div></div></div>	
GGT	<1	0 - 6 U/L	<div><div></div></div>	
Bilirubin - Total	0.1	0.0 - 0.3 mg/dL	<div><div></div></div>	
Bilirubin - Unconjugated	0.0	0.0 - 0.2 mg/dL	<div><div></div></div>	
Bilirubin - Conjugated	<0.1	0.0 - 0.2 mg/dL	<div><div></div></div>	
Cholesterol	242	91 - 305 mg/dL	<div><div></div></div>	
Amylase	981	623 - 2,239 U/L	<div><div></div></div>	
Lipase	b. 11	0 - 45 U/L	<div><div></div></div>	
Creatine Kinase	223	64 - 440 U/L	<div><div></div></div>	
Hemolysis Index	c. N			
Lipemia Index	d. 1+			

Metabolism, endocrine

Kidney

Mineral/Bone

Electrolytes

Acid-base

Proteins

Hepatobiliary

Pancreas, GI

Muscle

Sample Quality

Grouped per basic categories

Kidney assessment is a complex combination of categories



Kidney Disease

Glucose

Kidney

Mineral

Electrolytes

Acid-base

Proteins

Cholesterol

Metabolism

Kidney

Mineral/Bone

Electrolytes

Acid-base

Proteins

Hepatobiliary

Pancreas, GI

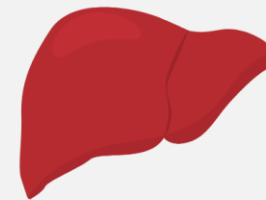
Muscle

Sample Quality

Liver assessment is a complex combination of categories

Chemistry				Yesterday 12:56 PM
Glucose	73	72 - 175 mg/dL		
IDEXX SDMA	a. 8	0 - 14 µg/dL		
Creatinine	1.2	0.9 - 2.3 mg/dL		
BUN	35	16 - 37 mg/dL		
BUN: Creatinine Ratio	29.2			
Phosphorus	4.7	2.9 - 6.3 mg/dL		
Calcium	9.6	8.2 - 11.2 mg/dL		
Sodium	150	147 - 157 mmol/L		
Potassium	4.3	3.7 - 5.2 mmol/L		
Na: K Ratio	35	29 - 42		
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TCO2 (Bicarbonate)	20	12 - 22 mmol/L		
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Total Protein	7.9	6.3 - 8.8 g/dL		
Albumin	3.4	2.6 - 3.9 g/dL		
Globulin	4.5	3.0 - 5.9 g/dL		
Albumin: Globulin Ratio	0.8	0.5 - 1.2		
ALT	45	27 - 158 U/L		
AST	28	16 - 67 U/L		
ALP	29	12 - 59 U/L		
GGT	<1	0 - 6 U/L		
Bilirubin - Total	0.1	0.0 - 0.3 mg/dL		
Bilirubin - Unconjugated	0.0	0.0 - 0.2 mg/dL		
Bilirubin - Conjugated	<0.1	0.0 - 0.2 mg/dL		
Cholesterol	242	91 - 305 mg/dL		
Amylase	981	623 - 2,239 U/L		
Lipase	b. 11	0 - 45 U/L		
Creatine Kinase	223	64 - 440 U/L		
Hemolysis Index	c. N			
Lipemia Index	d. 1+			

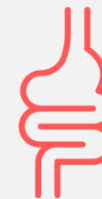
Metabolism
Kidney
Mineral/Bone
Electrolytes
Acid-base
Proteins
Hepatobiliary
Pancreas, GI
Muscle
Sample Quality



Liver Disease

Glucose
Kidney
Electrolytes
Proteins
Hepatobiliary
Pancreas, GI
Sample quality

GI assessment is a complex combination of categories



GI & Pancreatic Disease

Glucose

Kidney

Mineral/Bone

Electrolytes

Acid-base

Proteins

Hepatobiliary

Pancreas, GI

Sample quality

IDEXX

Metabolism

Kidney

Mineral/Bone

Electrolytes

Acid-base

Proteins

Hepatobiliary

Pancreas, GI

Muscle

Sample Quality

Chemistry		Yesterday 12:56 PM	
Glucose	73	72 - 175 mg/dL	
IDEXX SDMA	a. 8	0 - 14 µg/dL	
Creatinine	1.2	0.9 - 2.3 mg/dL	
BUN	35	16 - 37 mg/dL	
BUN: Creatinine Ratio	29.2		
Phosphorus	4.7	2.9 - 6.3 mg/dL	
Calcium	9.6	8.2 - 11.2 mg/dL	
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Na: K Ratio	35	29 - 42	
Chloride	116	114 - 126 mmol/L	
TCO2 (Bicarbonate)	20	12 - 22 mmol/L	
Anion Gap	18	12 - 25 mmol/L	
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Albumin	3.4	2.6 - 3.9 g/dL	
Globulin	4.5	3.0 - 5.9 g/dL	
Albumin: Globulin Ratio	0.8	0.5 - 1.2	
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AST	28	16 - 67 U/L	
ALP	29	12 - 59 U/L	
GGT	<1	0 - 6 U/L	
Bilirubin - Total	0.1	0.0 - 0.3 mg/dL	
Bilirubin - Unconjugated	0.0	0.0 - 0.2 mg/dL	
Bilirubin - Conjugated	<0.1	0.0 - 0.2 mg/dL	
Cholesterol	242	91 - 305 mg/dL	
Amylase	981	623 - 2,239 U/L	
Lipase	b. 11	0 - 45 U/L	
Creatine Kinase	223	64 - 440 U/L	
Hemolysis Index	c. N		
Lipemia Index	d. 1+		

Endocrine assessment is a complex combination of categories



Endocrine Disease

Glucose

Kidney

Mineral/Bone

Electrolytes

Acid-base

Proteins

Hepatobiliary

Muscle

Sample quality

IDEXX

Metabolism

Kidney

Mineral/Bone

Electrolytes

Acid-base

Proteins

Hepatobiliary

Pancreas, GI

Muscle

Sample Quality

Chemistry		Yesterday 12:56 PM	
Glucose	73	72 - 175 mg/dL	
IDEXX SDMA	a. 8	0 - 14 µg/dL	
Creatinine	1.2	0.9 - 2.3 mg/dL	
BUN	35	16 - 37 mg/dL	
BUN: Creatinine Ratio	29.2		
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Bilirubin - Conjugated	<0.1	0.0 - 0.2 mg/dL	
Cholesterol	242	91 - 305 mg/dL	
Amylase	981	623 - 2,239 U/L	
Lipase	b. 11	0 - 45 U/L	
Creatine Kinase	223	64 - 440 U/L	
Hemolysis Index	c. N		
Lipemia Index	d. 1+		

A close-up, low-angle shot of a diverse group of young people at what appears to be a concert or a large gathering. In the foreground, a young woman with dark skin and curly hair is shown in profile, her mouth wide open in a shout or cheer, with her eyes closed. To her left, the side of another person's face is visible, also smiling. In the background, a young man with light skin and blonde hair has his head tilted back and arms raised. The lighting is warm and golden, suggesting an outdoor setting during sunset or sunrise. The overall mood is one of joy, excitement, and collective energy.

Cases!!!

“We’re
not
done”



My pet collapsed.



Jasper

- 15-year-old m/c mixed-breed dog
- Collapsed this am
- Similar episode a few weeks ago, spontaneously resolved



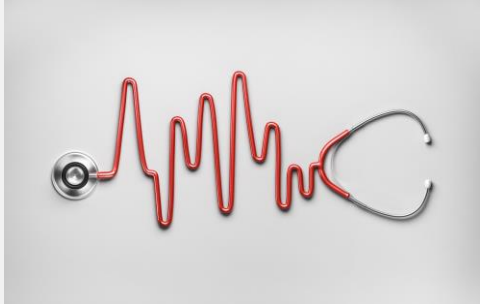
Triage

+ Quick PE

- + TPR = 99 F, 160 bpm, 60 bpm
- + Sternal recumbency, QAR, mentally appropriate
- + Pale, moist MM, bounding pulses
- + 2/6 systolic heart murmur, normal lung auscultation
- + Questionable abdominal fluid wave

+ Quick Assessment

- + Tachycardic, tachypneic, heart murmur
- + Shocky, unstable
- + Ddx include: anemia, hemorrhage/hemoabdomen, cardiac disease



What diagnostics?

- + FIRST STABILIZE!!!

- + Fluids/volume replacement
- + Blood transfusion

- + 1st tier diagnostics: PCV/TP, SBP, AFAST vs. abdominal rads (vs. blind abdominocentesis)

- + 2nd tier diagnostics:

- + 3rd tier diagnostics:

Regenerative anemia...

(Note normal RBC indices)

Test	Results	Reference Interval	LOW	NORMAL	HIGH
ProCyte Dx (May 13, 2019 2:41 AM)					
RBC	2.28 M/ μ L	5.65 - 8.87	LOW		
HCT	15.9 %	37.3 - 61.7	LOW		
HGB	5.1 g/dL	13.1 - 20.5	LOW		
MCV	69.7 fL	61.6 - 73.5			
MCH	22.4 pg	21.2 - 25.9			
MCHC	32.1 g/dL	32.0 - 37.9			
RDW	18.7 %	13.6 - 21.7			
%RETIC	18.2 %				
RETIC	153.7 K/ μ L	10.0 - 110.0	HIGH		

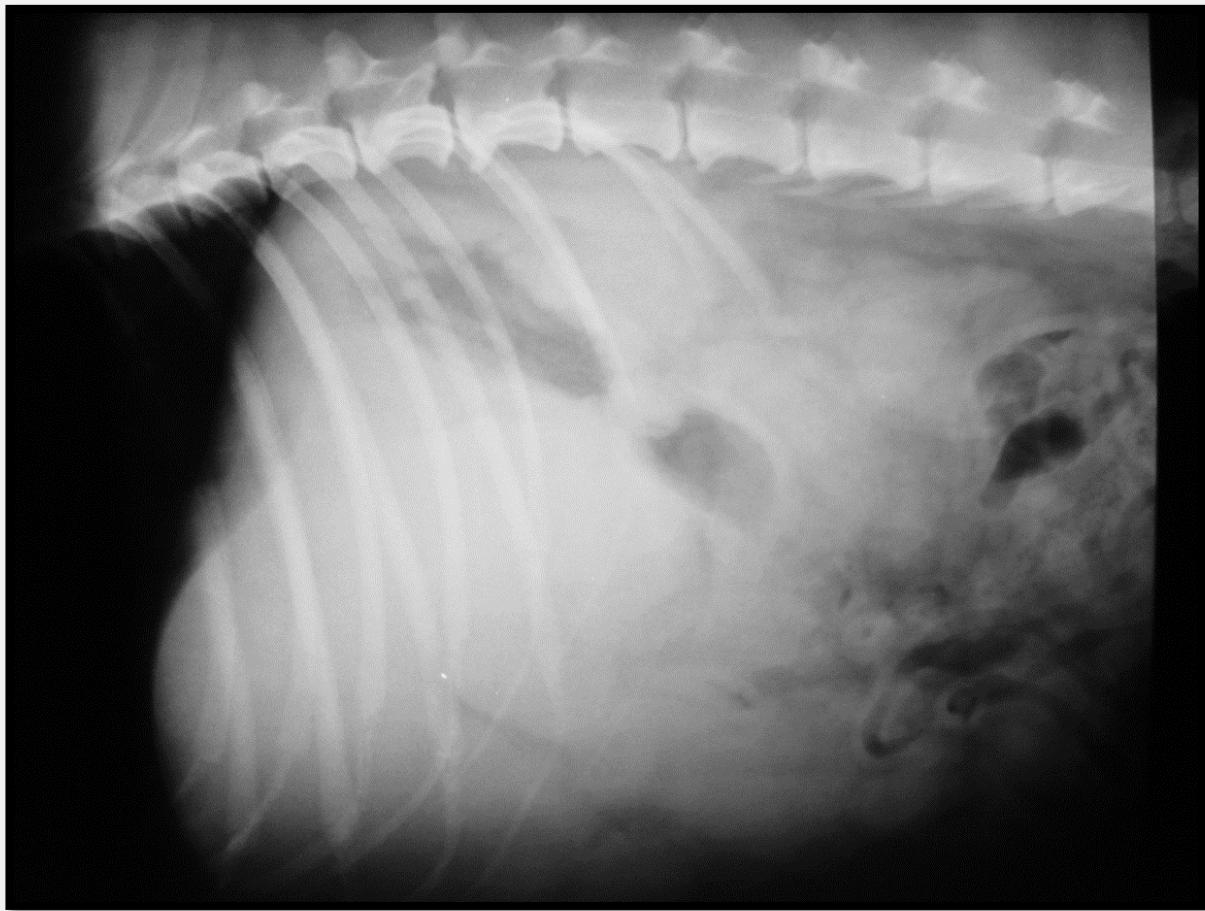
PCV 19%/TS 5.2

Focus

- + What's the client complaint? Collapsing
- + What's the main problem? Profound anemia, regenerative; hypoproteinemia
- + What's the emergency? Anemia, hypovolemia, hypovolemic shock, possible surgical emergency, possible cardiac issues
- + Do these all fit together; are we addressing all concerns?
- + What now?
 - + Treat shock and anemia: transfusion and fluid therapy

What now (continued)?

- + 2nd tier diagnostics: determine cause of regenerative anemia> hemorrhage or hemolysis; assess any consequences of shock (CBC, chemistry, UA, lactate, cystatin B)
- + 3rd tier diagnostics: If hemorrhage, determine surgical vs. non-surgical (imaging), coags
- + Assess response to ER treatment
- + IF surgical case, determine if surgery an option: serial SBP/PCV/TP/lactate, ECG, thoracic radiographs/met check, echo



Next diagnostic steps

- + Additional imaging vs. blind abdominocentesis
- + Fluid analysis: PCV/TP, see if clots, +/- cytology or other diagnostics

Abd. fluid
PCV 29%/TS 4.7
Does not clot



Not all causes of hemorrhage are surgical...

IDEXX VetConnect⁺ PLUS

Home | Lab Services | Telemedicine | Reference

ABIGAIL

2012 OCT 11 OCT 11 OCT 8 OCT 7 OCT 6 OCT 5 OCT 5 OCT 5 OCT 5

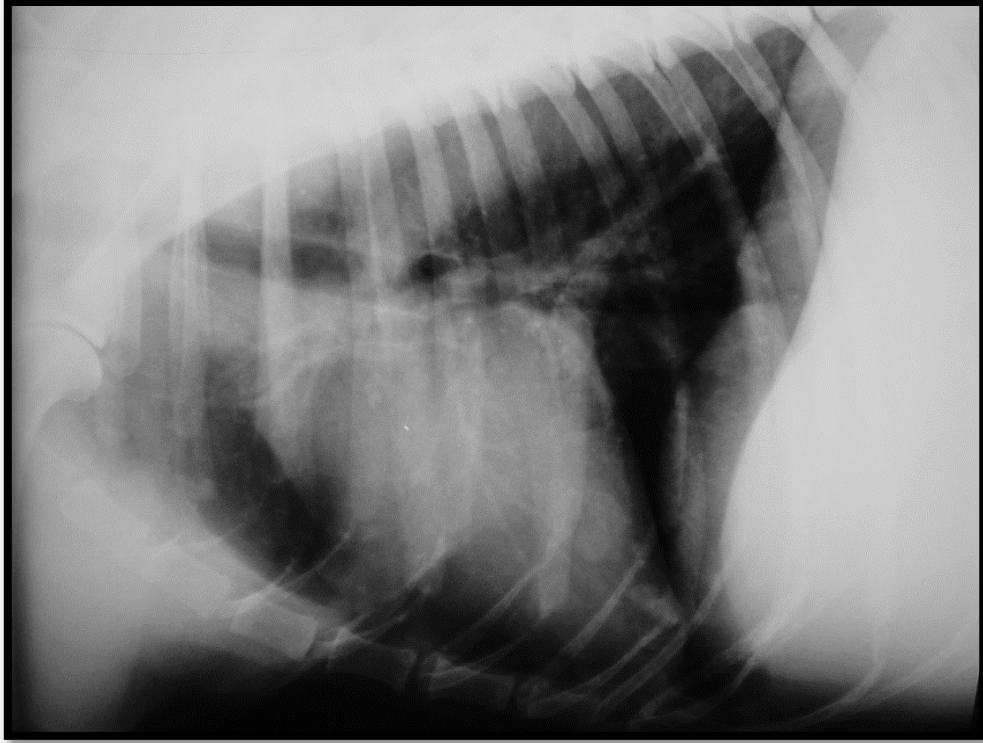
Trending

10/5/12 @ 3:11 pm

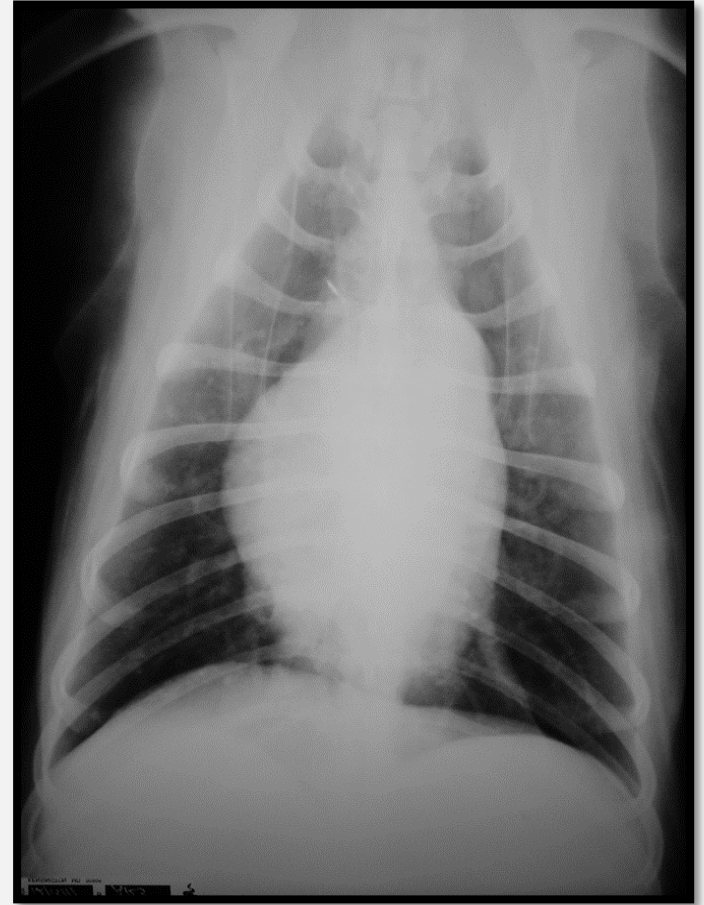
Coag Dx Analyzer
[Show Details](#)

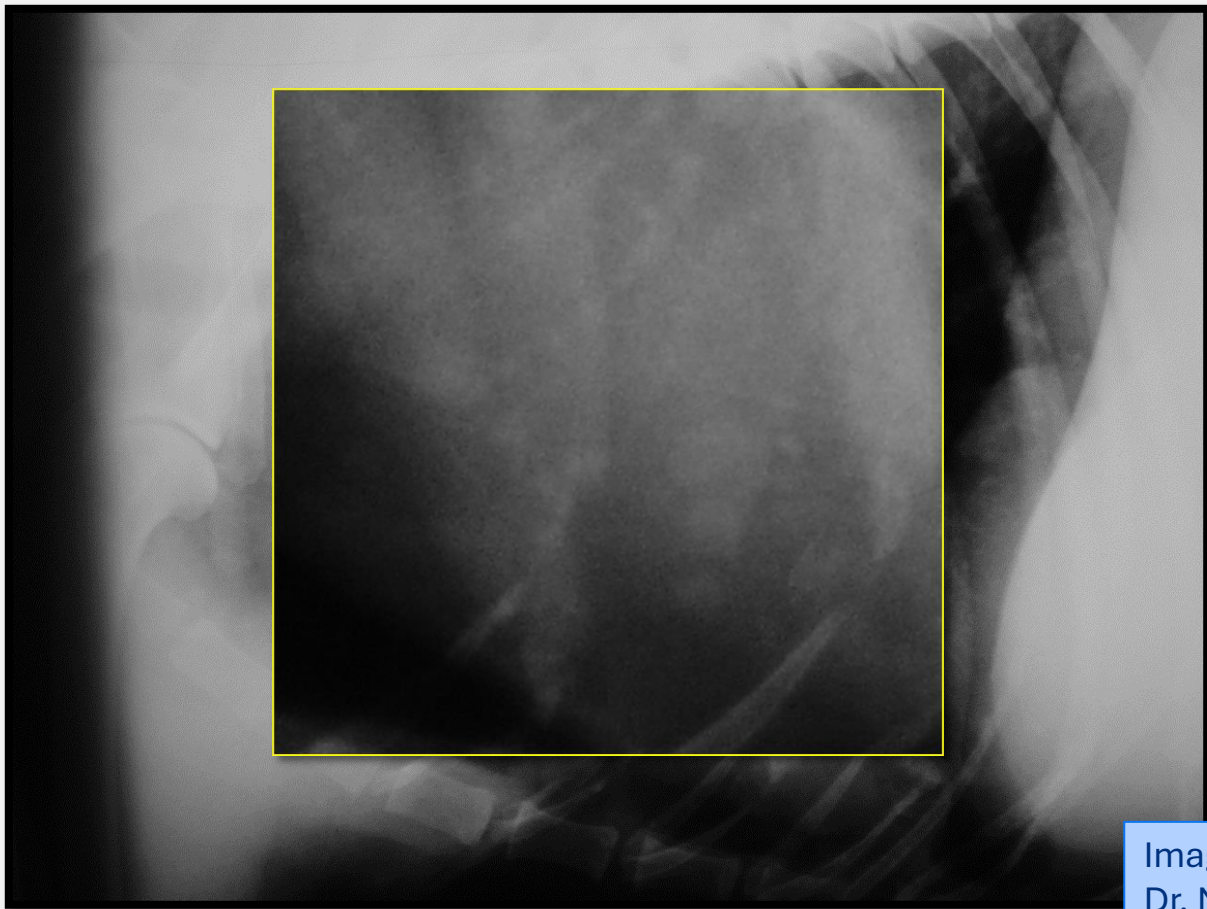
Citrated Prothrombin Time (PT)	> 100.0	11.0 - 17.0 seconds	<input type="text"/>
Citrated Partial Thromboplastin Time (PTT)	> 300.0	72.0 - 102.0 seconds	<input type="text"/>

Don't forget your coags!



Images courtesy of
Dr. Nancy Sanders





Images courtesy of
Dr. Nancy Sanders



Images courtesy of
Dr. Nancy Sanders

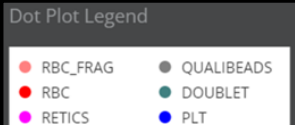
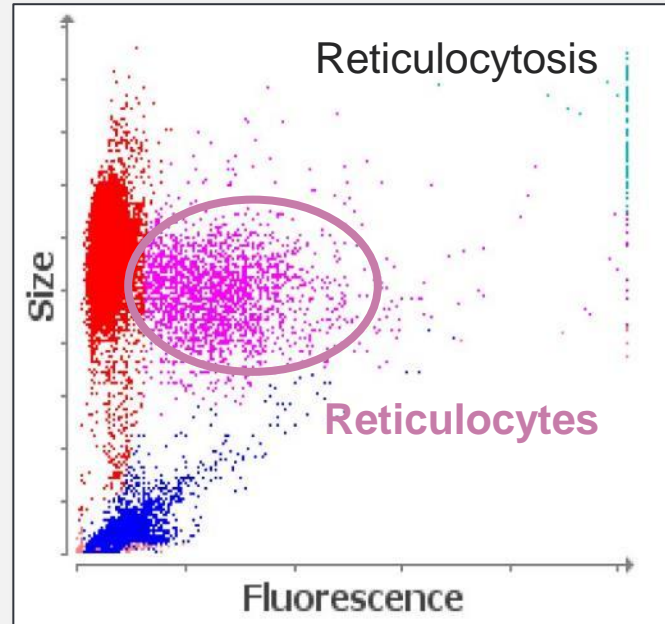
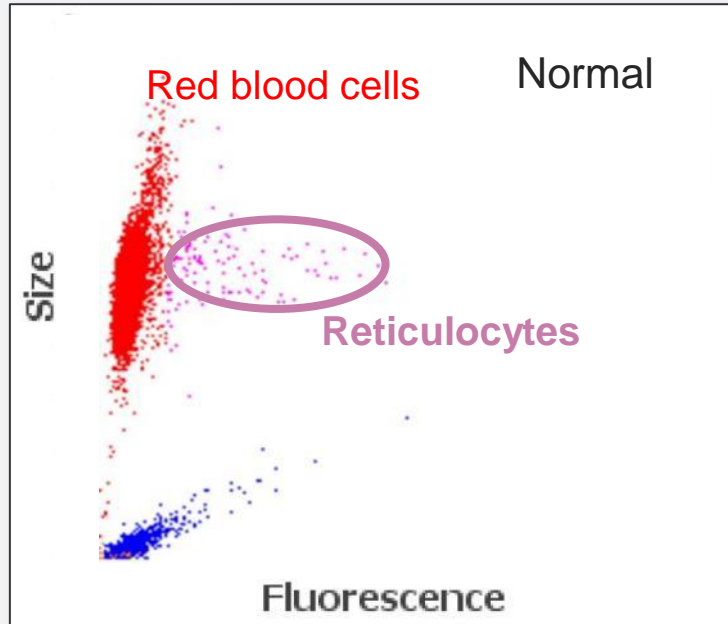
What IF...

Test	Results	Reference Interval	LOW	NORMAL	HIGH
ProCyte Dx (May 13, 2019 2:41 AM)					
RBC	2.28 M/ μ L	5.65 - 8.87	LOW		
HCT	15.9 %	37.3 - 61.7	LOW		
HGB	5.1 g/dL	13.1 - 20.5	LOW		
MCV	69.7 fL	61.6 - 73.5			
MCH	22.4 pg	21.2 - 25.9			
MCHC	32.1 g/dL	32.0 - 37.9			
RDW	18.7 %	13.6 - 21.7			
%RETIC	18.2 %				
RETIC	153.7 K/ μ L	10.0 - 110.0	HIGH		

PCV 19%/TS 8.2

Reticulocytosis:

From where can we get more information?

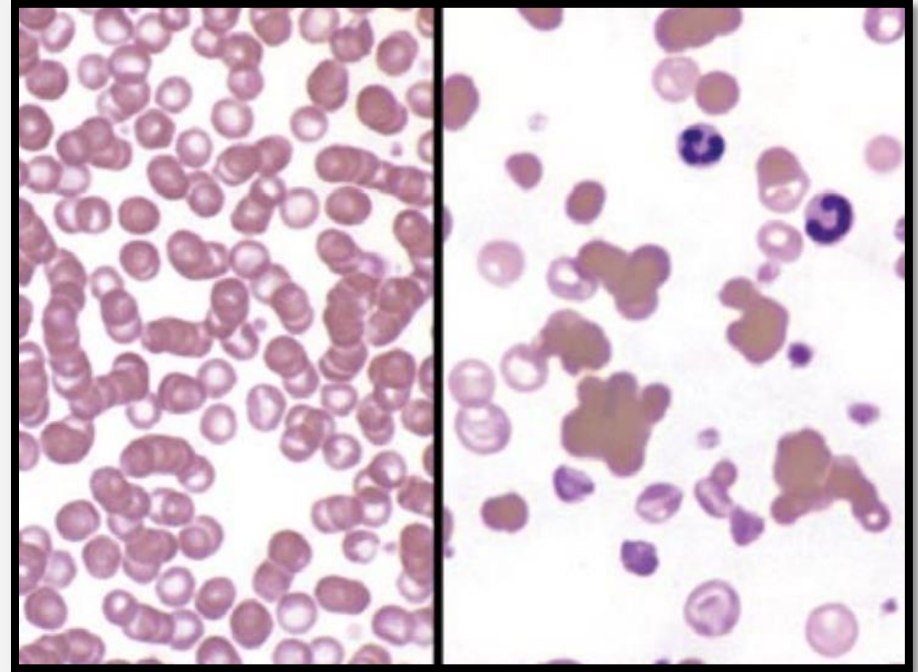


If hemolysis is suspected, diagnostics should include:

- + Blood smear review
- + Slide agglutination
- + Chest and abdominal imaging
- + +/- Infectious disease testing
- + +/- Coomb's test

Rouleaux

Agglutination



Options for rapid evaluation of blood smears are numerous

- + In-house microscopy, self-reviewed
- + Digital cytology, remote evaluation
- + In-house automated analyzer (artificial intelligence)



Options for screening for infectious diseases... can be overwhelming

Antibody (Ab), serology



- **+** Indicates:
 - Exposure
- **Limitations**
 - Current infx not confirmed
 - May need paired titer

Antigen (Ag)



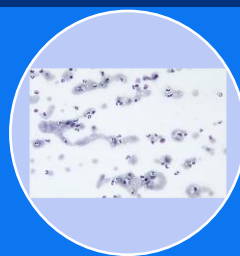
- **+** Indicates:
 - Organism present
- **Limitations**
 - Does not confirm organism viable

PCR



- **+** Indicates:
 - Organism present
- **Limitations**
 - Does not confirm organism viable
 - TAT

Cytology Histopathology



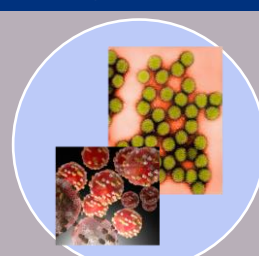
- **+** Indicates:
 - Organism present
- **Limitations**
 - No specific ID
 - Co\$t

Culture



- **++** Indicates
 - **Viable** organism
 - Specific ID
- **Limitations**
 - Sample handling
 - TAT
 - Co\$t

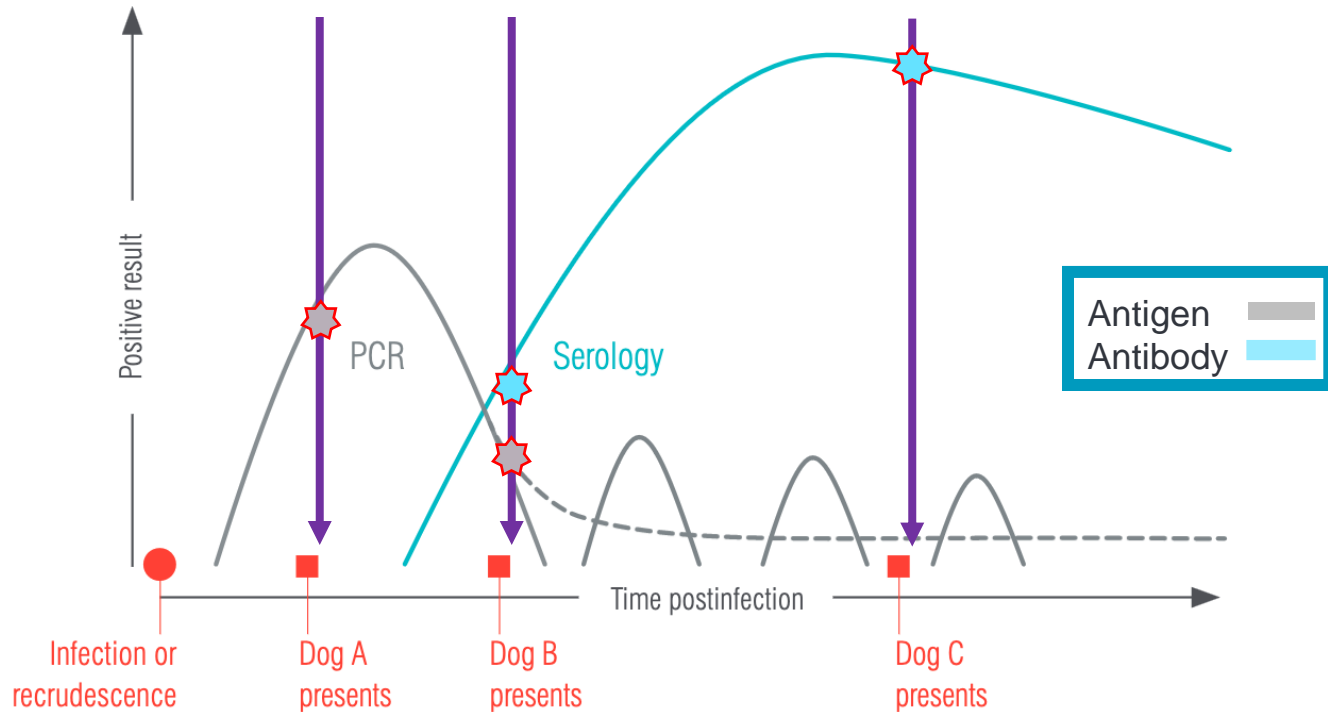
Other advanced diagnostics



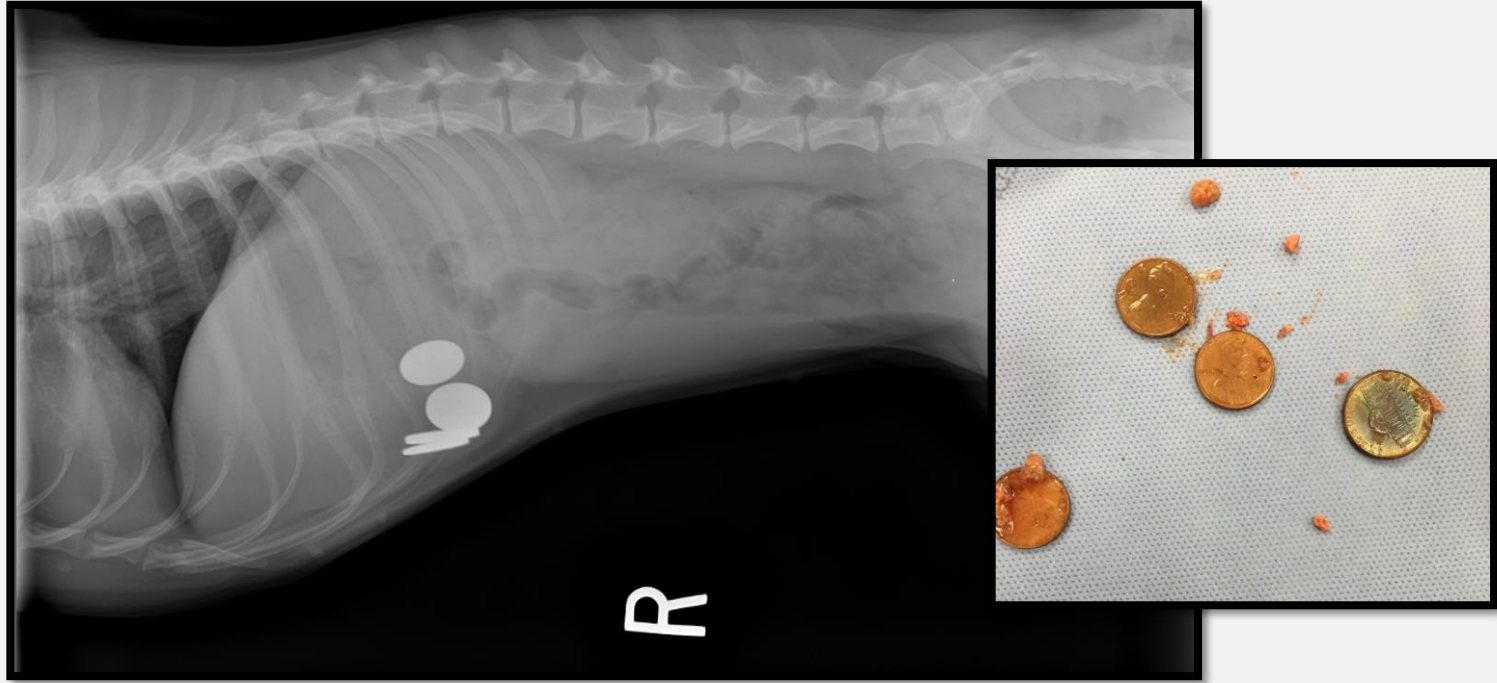
- **++** Indicates:
 - Organism present
- **Limitations**
 - TAT
 - Co\$t
 - Availability

More than one test method and/or repeat testing may be necessary for a diagnosis

Clinical
picture
influences
test choice



Not all hemolytic anemias are immune-mediated...



Hemolysis

Hemolytic anemia (HA) (NOT immune-mediated)

- + Intravascular (hemoglobinemia/uria)
- + No agglutination & Coomb's -
- + Ddx
 - + Onion, propylene glycol (cats), water intoxic
 - + Heavy metal
 - + PFK/PK deficiency
 - + Hypophosphatemia
 - + Microangiopathy
 - + Infectious
 - + Massive envenomation, sprayed by skunk

Immune-mediated hemolytic anemia (IMHA)

- + Extravascular (bilirubinemia/uria);
 - + Rarely intravascular or at level of bone marrow
- + Often autoagglutination & Coomb's +
- + Ddx
 - + "Triggered"
 - + Infectious disease
 - + Drugs
 - + Vaccinations
 - + Neoplasia
 - + Primary/autoimmune

Weis DJ, Tvedten H. Erythrocyte disorders. In: Willard MD, Tvedten H, ed. Small Animal Clinical Diagnosis by Laboratory Methods. St. Louis MO: Elsevier, 2012: 48-55.

Missy

- 13-year-old f/s Shih Tzu
- Occasionally collapses with exercise



Triage

+ Quick PE

- + TPR = 101 F, 120 bpm, 20 bpm
- + BARH
- + Pink, moist MM, injected sclera
- + Normal pulses and chest auscultation

+ Assessment

- + Unremarkable PE, currently stable dog
- + History of occasional exercise-induced collapsing

+ Diagnostics


- + 1st tier: PCV/TP, BG, electrolytes? Full CBC/chem/UA? ECG?
 - + Consider exercise the patient and perform pre/post exercise diagnostics such as BG, lactate, K+, BP, ECG

2019 Dec 19 Dec 3 Nov 22 **Nov 21** 2011 Jul 19

Result Details 



Hematology

11/21/19
6:09 PM 

  RBC	15.52	5.65 - 8.87 M/ μ L	
  Hematocrit	*91.0	37.3 - 61.7 %	
  Hemoglobin	*28.5	13.1 - 20.5 g/dL	
  MCV	58.6	61.6 - 73.5 fL	
  MCH	18.4	21.2 - 25.9 pg	
  MCHC	31.3	32.0 - 37.9 g/dL	
  RDW	29.9	13.6 - 21.7 %	
 % Reticulocytes	0.8	%	
  Reticulocytes	118.0	10.0 - 110.0 K/ μ L	
  Reticulocyte Hemoglobin	18.6	22.3 - 29.6 pg	

2019 Dec 19 Dec 3 Nov 22 **Nov 21** 2011 Jul 19

Result Details 

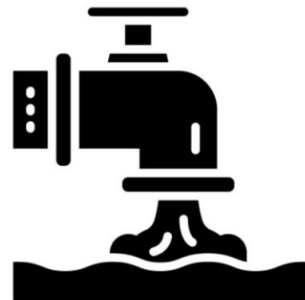


  WBC	7.96	5.05 - 16.76 K/ μ L	
 % Neutrophils	67.4	%	
 % Lymphocytes	20.2	%	
 % Monocytes	7.0	%	
 % Eosinophils	5.3	%	
 % Basophils	0.1	%	
  Neutrophils	5.36	2.95 - 11.64 K/ μ L	
  Lymphocytes	1.61	1.05 - 5.10 K/ μ L	
  Monocytes	0.56	0.16 - 1.12 K/ μ L	
  Eosinophils	0.42	0.06 - 1.23 K/ μ L	
  Basophils	0.01	0.00 - 0.10 K/ μ L	
 Platelets	*193	148 - 484 K/ μ L	

Confirm Hct!
PCV/TP = 92%/7.6 g/dL

Focus

- + What's the client complaint? Collapsing
 - + What's the main problem? Erythrocytosis, likely polycythemia
 - + What's the emergency? Poor perfusion
 - + Do these all fit together; are we addressing all issues?
-
- + What now?
 - + Restore perfusion: fluid therapy vs. phlebotomy
 - + 4th tier diagnostics: thoracic radiographs/met check, abdominal imaging, +/- blood gas, erythropoietin concentration, echo



[Sludge Vectors by Vecteezy](https://www.vecteezy.com/free-vector/sludge)

Treatment of erythrocytosis

+ Relative

- + Fluid therapy
- + Treat the cause of dehydration

+ Absolute

- + ER treatment = phlebotomy
 - + Dogs: 20 ml/kg, replace with same volume fluid, goal is to get PCV \leq 65%, may need to repeat
 - + Cats: 10 ml/kg, same protocol, target PCV \leq about 50%
- + All cases may need long-term, occasional phlebotomy
- + IDEALLY, treat the underlying disease if there is a treatment
 - + Polycythemia vera: hydroxyurea
 - + Renal tumors > surgery if an option
 - + Other cancers, appropriate medical and/or surgical management as guided by an oncologist

Giger U: Polycythemia—Diagnostics and Management of a High Hematocrit.
World Small Animal Veterinary Association Congress Proceedings 2018.



Canine | Shih Tzu | Female | 13 y

[Patient management >](#)

2019 **Dec 19** **Dec 3** **Nov 22** **Nov 21** 2011 **Jul 19**

Result Details ▾



🔥 Hematology		12/19/19 3:46 PM	12/3/19 3:57 PM	11/22/19 3:38 PM	11/21/19 6:09 PM
📊 🦋 RBC		4.96	11.98	14.54	15.52 5.65 - 8.87 M/ μ L
📊 🦋 Hematocrit		32.1	*71.8	*84.8	*91.0 37.3 - 61.7 %
📊 🦋 Hemoglobin		9.0	22.3	*26.8	*28.5 13.1 - 20.5 g/dL
📊 🦋 MCV		64.7	59.9	58.3	58.6 61.6 - 73.5 fL
📊 🦋 MCH		18.1	18.6	18.4	18.4 21.2 - 25.9 pg
📊 🦋 MCHC		28.0	31.1	31.6	31.3 32.0 - 37.9 g/dL
📊 🦋 RDW		22.8	26.3	29.2	29.9 13.6 - 21.7 %
📊 % Reticulocytes		0.1	0.1	0.8	0.8 %
📊 🦋 Reticulocytes		6.0	16.8	119.2	118.0 10.0 - 110.0 K/ μ L
📊 🦋 Reticulocyte Hemoglobin		22.9	20.7	18.5	18.6 22.3 - 29.6 pg
📊 🦋 WBC		3.44	4.60	8.92	7.96 5.05 - 16.76 K/ μ L

Henry

- 5-year-old m/c German shorthaired pointer
- Collapsing and heavy breathing with exercise
- Occasional cough



Triage

+ Quick PE

- + TPR = 101 F, 180 bpm, 48bpm
- + Irregularly irregular heart rate, 2/6 systolic murmur
- + Pale to muddy, moist MM
- + RR and effort increase with minimal stress
- + Mild increase in bronchovesicular lung sounds
- + Moderate pulses

+ Quick assessment

- + Tachyarrhythmia
- + Probable lower airway issues, CHF?
- + Anemia?
- + Bordering not stable

What diagnostics?

+ FIRST STABILIZE!!!

- + Oxygen
- + Consider light sedation
- + Consider diuretic such as furosemide

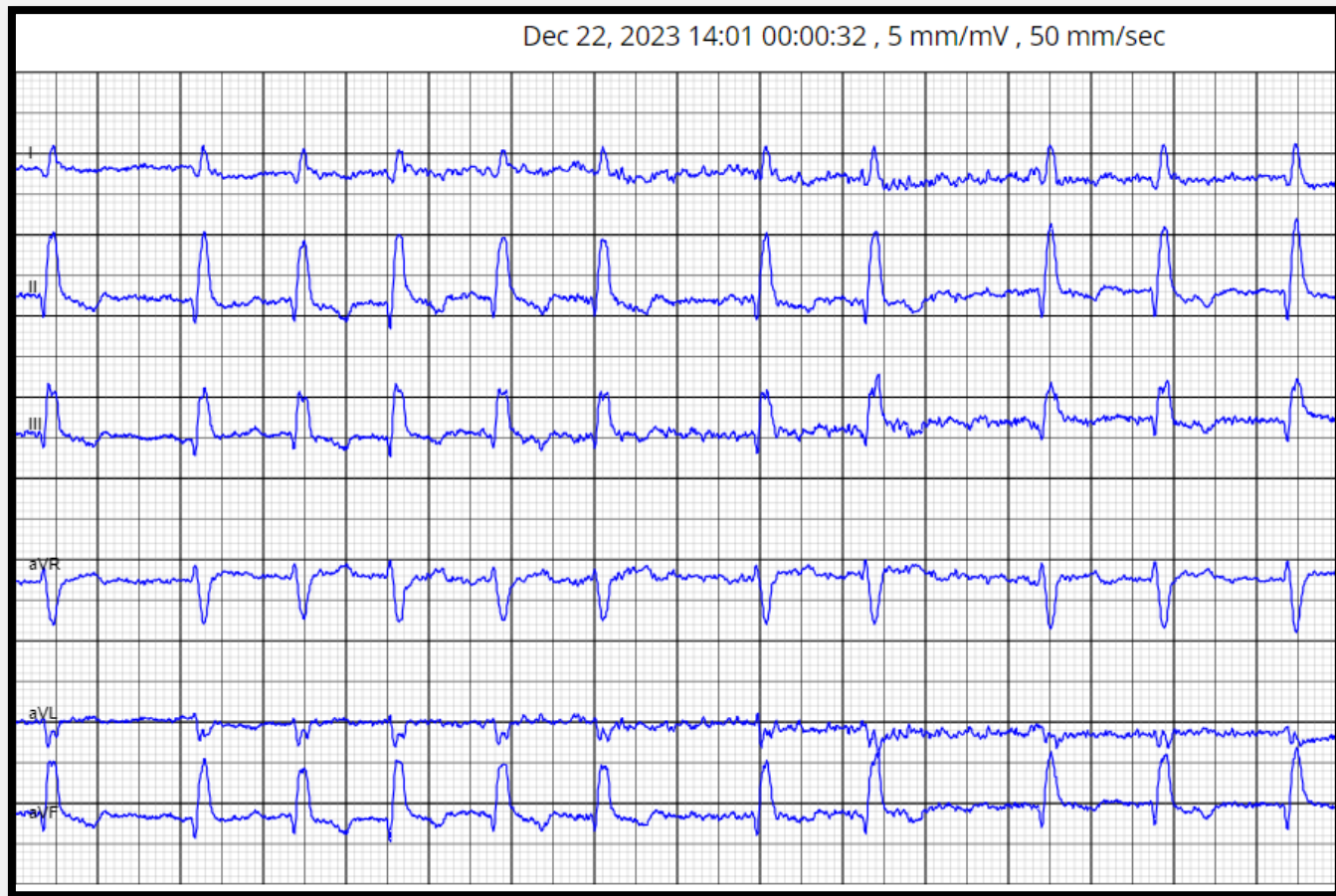
+ 1st tier diagnostics: ECG!!!, pulse oximetry, SBP, +/- PCV/TP/BG (CBC/chemistry/UA)

+ 2nd tier diagnostics: Thoracic rads or TFAST

+ 3rd tier diagnostics: Echo, proBNP, +/- refer to cardiologist

ECG = A-fib

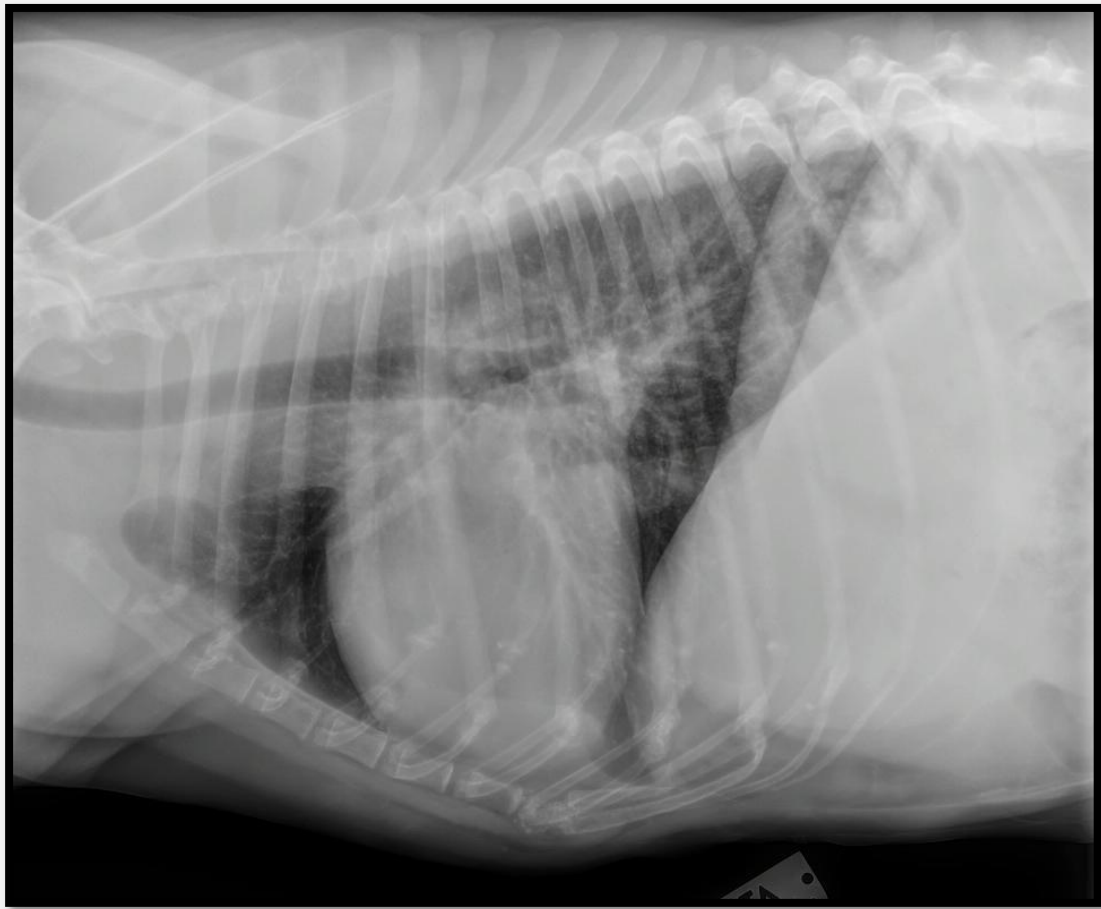
Pulse ox = 93%
PCV/TP= 42%/6.8 g/dL
SBP = 90 mmHg

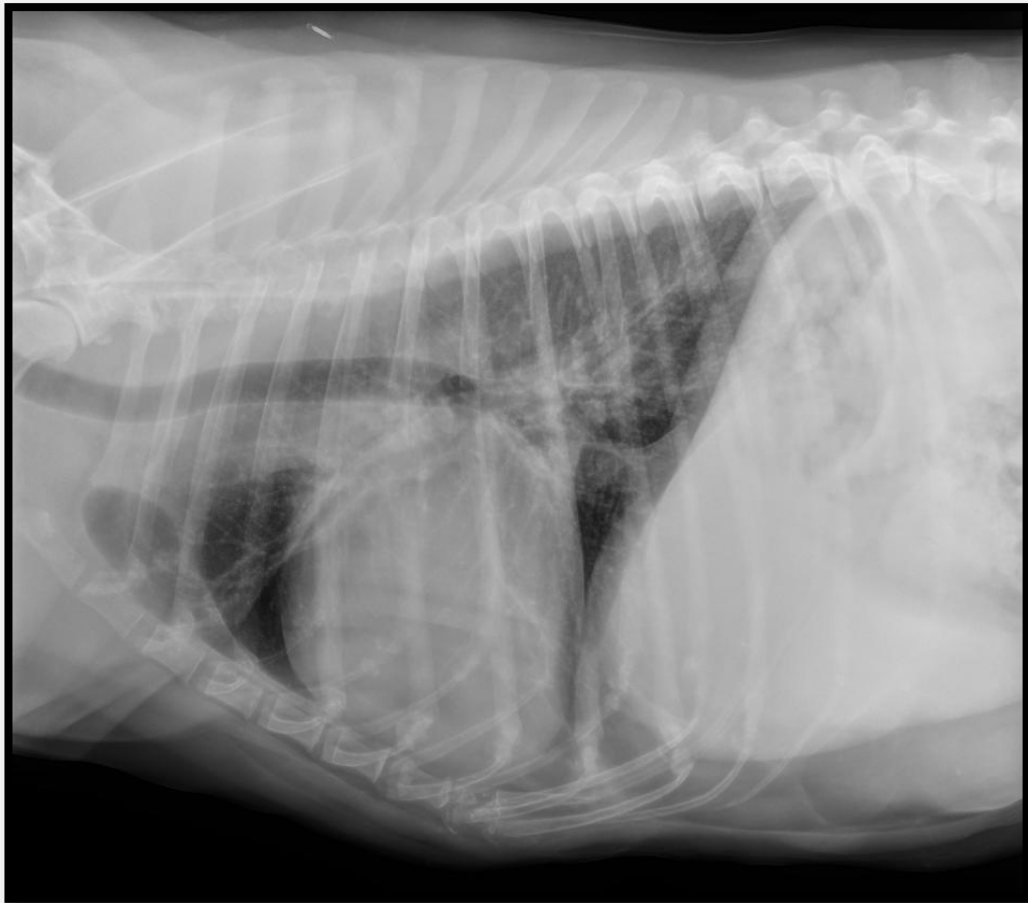


Focus

- + What's the client complaint? Collapsing, coughing
- + What's the main problem? Cardiac disease, +/- lower airway issue (including CHF)
- + What's the emergency? Poor perfusion, possibly oxygenation
- + Does this all fit together/are we addressing all issues/concerns?

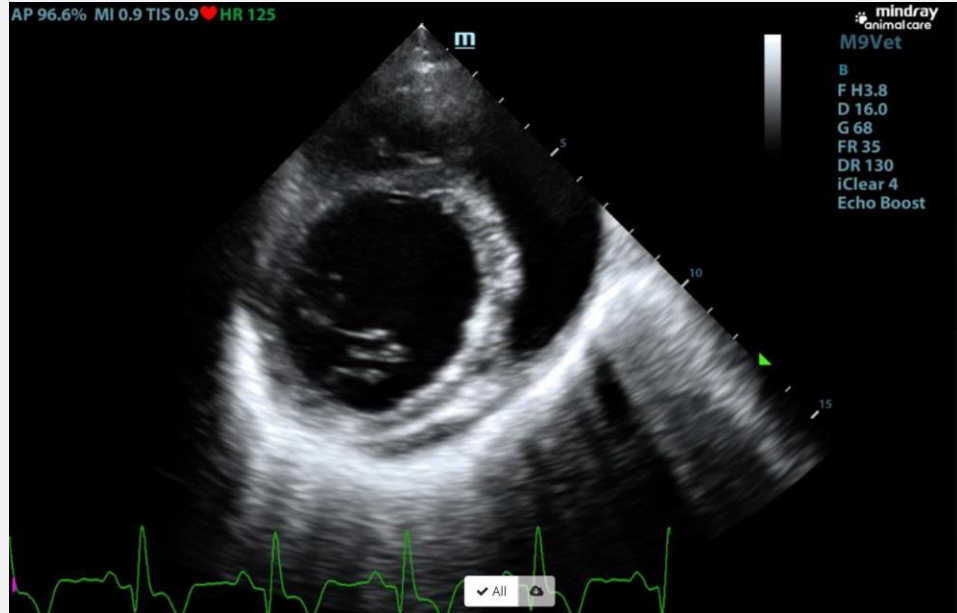
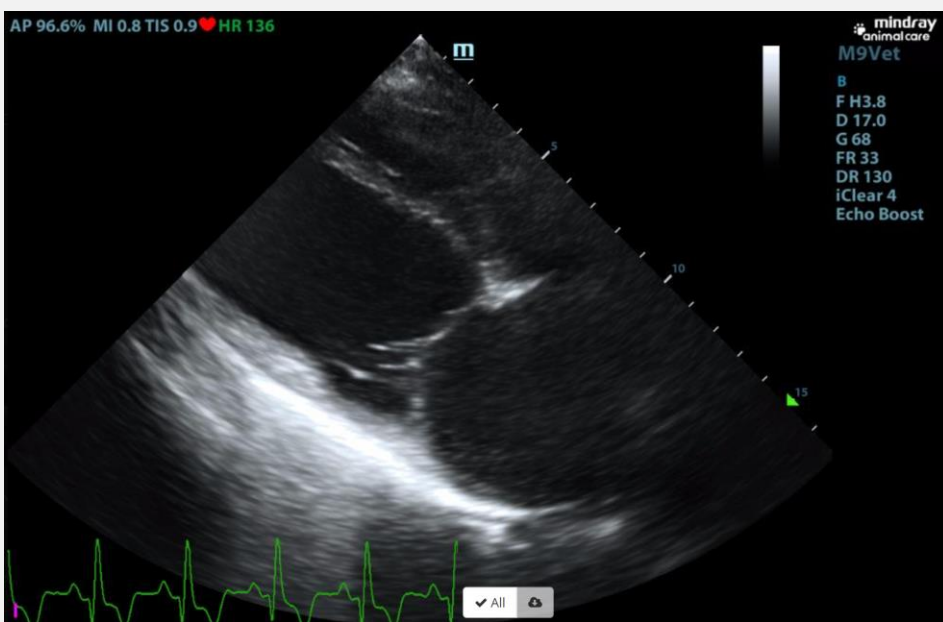
- + What next?







Echocardiography



Treatment

- + Oxygen
- + Diuretic: e.g., furosemide
- + Negative chronotrope: e.g., diltiazem, beta blocker, digoxin
- + Positive inotrope: e.g., pimobendan, digoxin
- + Longer term treatment: +/- decrease afterload, e.g., ACEI, ARB

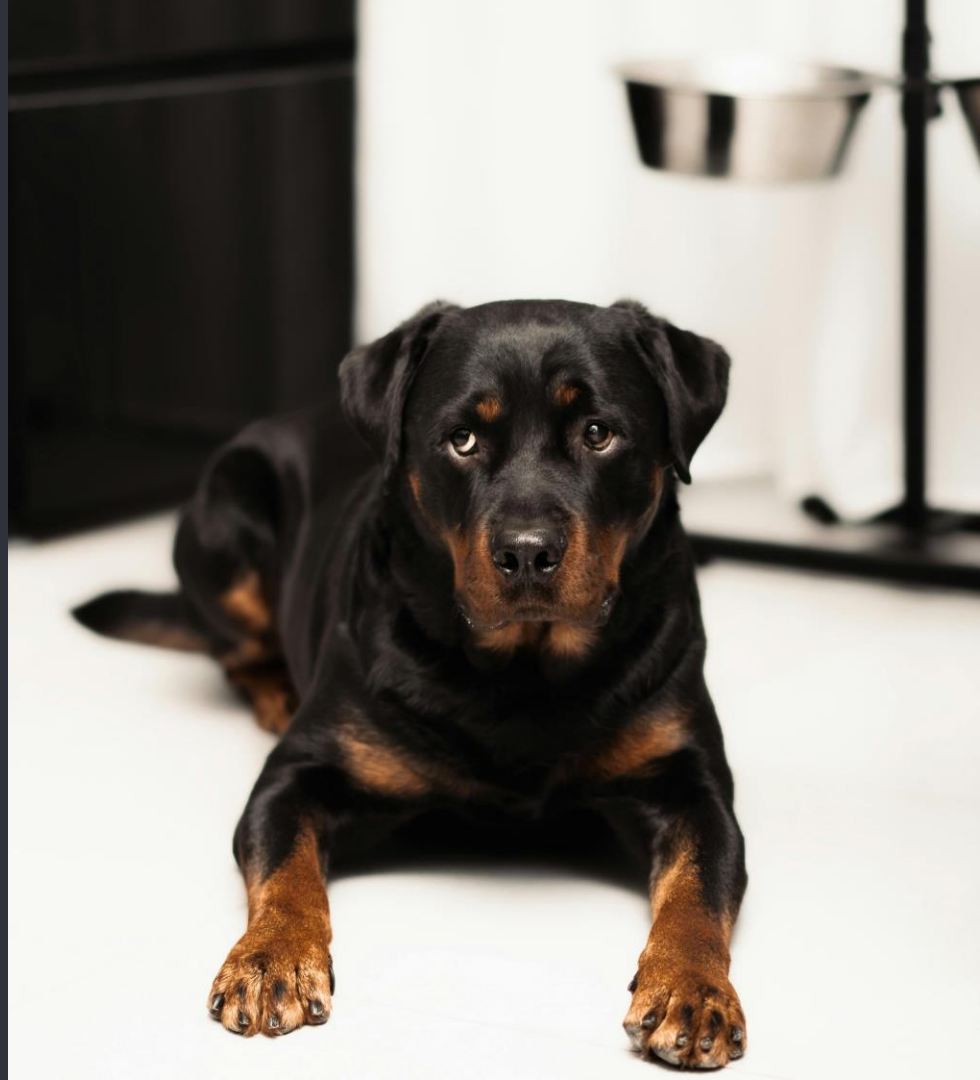


Follow-up?

- + Monitor:
 - + Hydration
 - + Renal chemistries and electrolytes
 - + SBP, ECG, RR & effort, rads, echo, +/- proBNP
- + ** Check for grain-free diet!!!**

Brutus

- 10-year-old m/c Rottweiler
- Snoring more than usual for months, progressively worse
- Anxious this am and collapsed



Triage

+ Quick PE

- + TPR 103.5 F, 130 bpm, marked stertor
- + Paradoxical chest movement
- + Muddy/greyish MM, moist
- + Normal pulses, marked referred upper airway noise
- + Panicked b/c can barely breathe

+ Assessment

- + Unstable, can barely breathe, panics with any handling
- + Cardiovascularly stable for the moment

Diagnostics

+ STABILIZE THE PATIENT

- + Sedation
- + Rest, minimal stress
- + +/- Tracheostomy?
- + +/- Oxygen

- + 1st tier: Sedated oral exam – ****BE PREPARED****, pulse oximetry
- + 2nd tier: ?
- + 3rd tier: ?

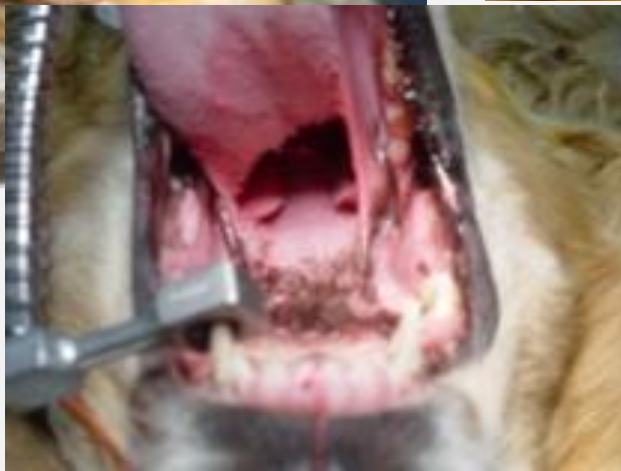
Sedated upper airway exam!!!



Image courtesy of
Dr. Nancy Sanders

Focus

- + What's the client complaint? Can't breathe
 - + What's the main problem? Soft palate mass obstructing airway
 - + What's the emergency? At risk of respiratory arrest
 - + Do these all fit together; are we addressing all issues?
-
- + What now?
 - + SECURE AN AIRWAY!!!



Images courtesy of
Dr. Nancy Sanders

Stridor - Respiratory – upper airway



Images courtesy of
Dr. Nancy Sanders

Precious

- 8-year-old f/s Westie
- Referred for sedated ear cleaning
- History of chronic allergies and skin issues
- “FYI, collapse and quick recovery recently
- Generally healthy, “normal lab work”
- You note hypoglycemia on RDVM pre-anesthetic labs

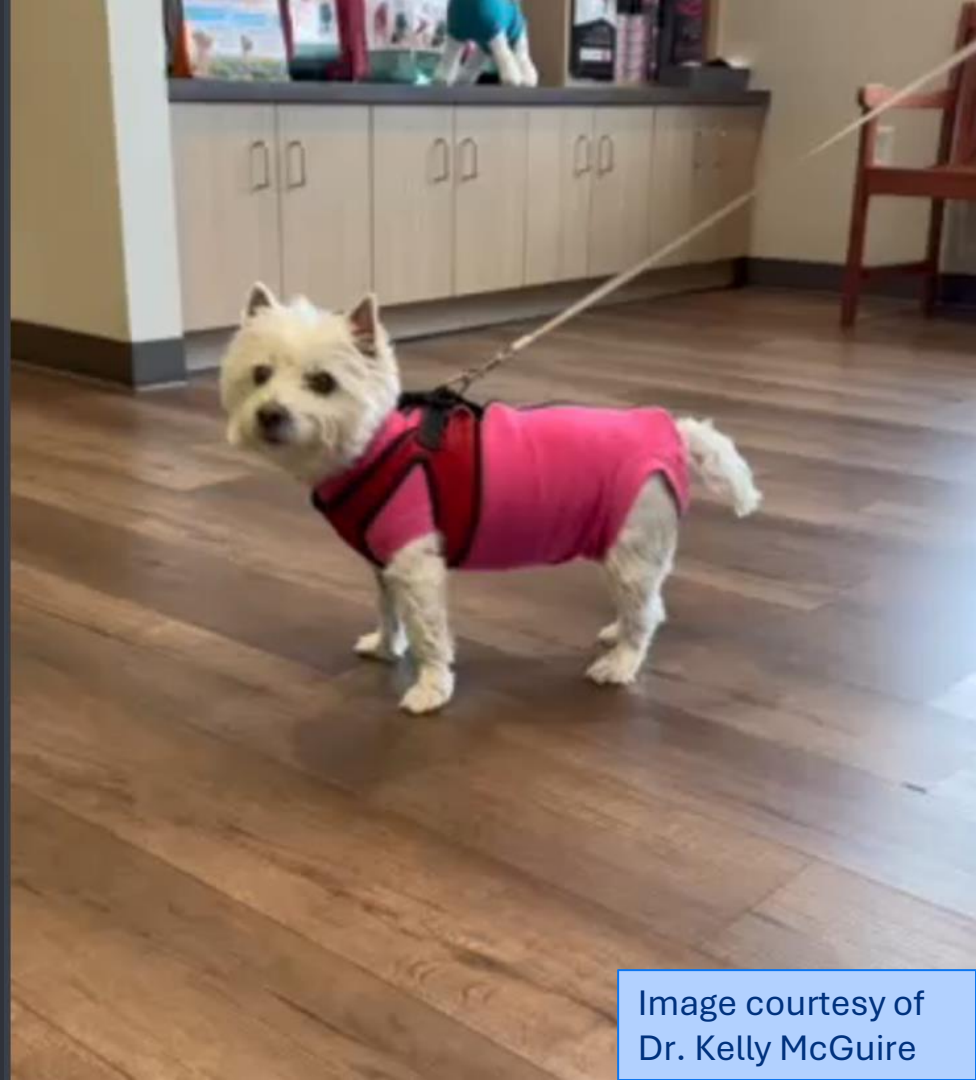


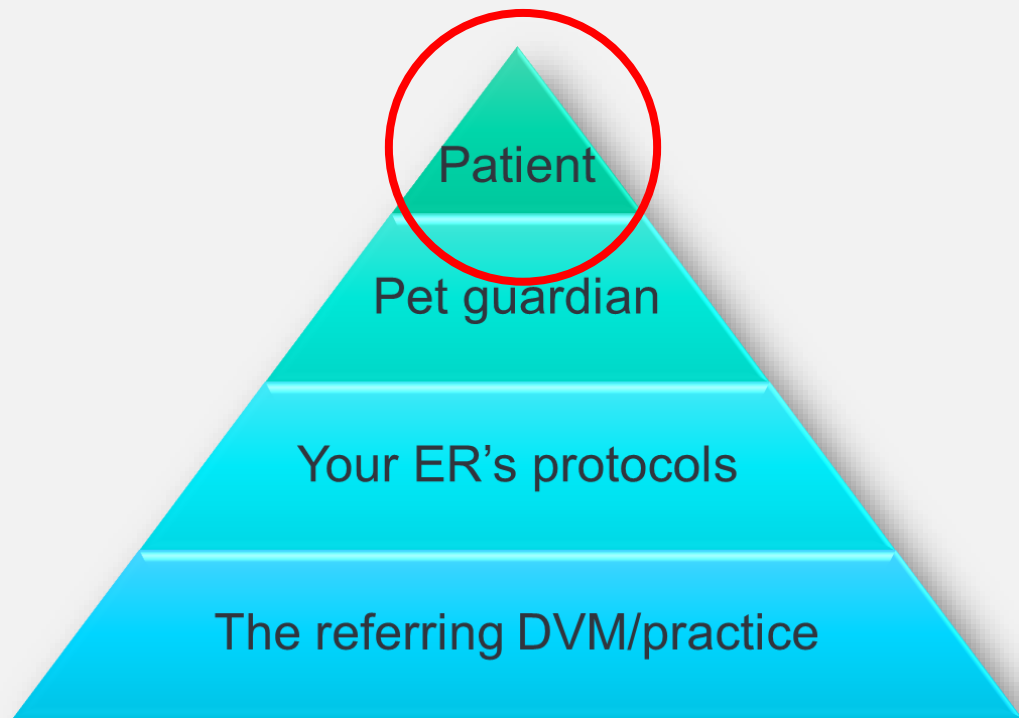
Image courtesy of
Dr. Kelly McGuire

[Patient management >](#)

Canine | West Highland Terrier | Female Spayed | 8 y

2024 **Jan 30** Jan 23[Result Details](#)  **Chemistry**1/23/24
6:00 AM

Glucose	37	63 - 114 mg/dL	
IDEXX SDMA	10	0 - 14 µg/dL	
Creatinine	0.7	0.5 - 1.5 mg/dL	
BUN	12	9 - 31 mg/dL	
BUN: Creatinine Ratio	17.1		
Total Protein	6.7	5.5 - 7.5 g/dL	
Albumin	3.5	2.7 - 3.9 g/dL	
Globulin	3.2	2.4 - 4.0 g/dL	
Albumin: Globulin Ratio	1.1	0.7 - 1.5	
ALT	59	18 - 121 U/L	
ALP	125	5 - 160 U/L	



Triage

+ Quick PE

- + TPR 101 F/120 bpm/20 bpm
- + BARH, downright rambunctious
- + Pink, moist MM
- + Normal pulses and chest auscultation

+ Assessment

- + Completely stable vs. on the edge of crashing



Video courtesy of
Dr. McGuire

Diagnostics

+ STABILIZE THE PATIENT

- + Does this patient require treatment for profound hypoglycemia?

+ Next diagnostics

- + 1st tier: Repeat/confirm BG on glucometer = 27 mg/dL
- + 2nd tier: Consider cortisol, bile acids, insulin panel, thoracic rads, abdominal imaging
- + 3rd tier: Thoracic rads, advanced abdominal imaging

Switching gears...



Focus

- + What's the client complaint? Referral for sedated ear cleaning
- + What's the main problem? Possibly hypoglycemic
- + What's the emergency? None at the moment; risk of seizures and other complications of profound hypoglycemia
- + Do these all fit together; are we addressing all issues?
- + What now?
 - + Treat hypoglycemia?: diet, +/- drugs, +/- glucose CRI?
 - + Ddx for asymptomatic, profound hypoglycemia?



Chemistry

1/23/24
6:00 AM



		Glucose	37	63 - 114 mg/dL	
		IDEXX SDMA	10	0 - 14 µg/dL	
		Creatinine	0.7	0.5 - 1.5 mg/dL	
		BUN	12	9 - 31 mg/dL	
		BUN: Creatinine Ratio	17.1		
		Total Protein	6.7	5.5 - 7.5 g/dL	
		Albumin	3.5	2.7 - 3.9 g/dL	
		Globulin	3.2	2.4 - 4.0 g/dL	
		Albumin: Globulin Ratio	1.1	0.7 - 1.5	
		ALT	59	18 - 121 U/L	



Endocrinology

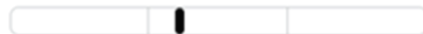
1/23/24
6:00 AM



Cortisol

2.8

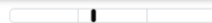
2.0 - 6.0 µg/dL



Cortisol

2.8

2.0 - 6.0 µg/dL





5788 [Patient management >](#)

Canine | West Highland Terrier | Female Spayed | 8 y

2024 **Jan 30** [Jan 23](#)

[Result Details >](#)



Diagnostic result printed 3/18/2024 10:25 PM

[Details >](#)



Endocrinology

1/30/24

1:35 AM



Glucose

36.0

63.0 - 114.0 mg/dL



Insulin

>200.0

5.2 - 41.5 uIU/mL



**Insulin: Glucose
Ratio**

725

14 - 43 RATIO



Pet Name:	<input type="text"/>	Appt. Date:	02/15/2024 01:00 PM
Species:	Canine	Report Date:	02/15/2024 - Update: 02/15/2024
Breed:	West Highland White Terrier	Presenting Complaint:	
Sex:	Female - Spayed	Met check, insulinoma	
Weight:	17.6 lbs/ 8 kg		

Interpretation:

Liver: nodule may be benign nodular regeneration, but metastatic neoplasia is not fully ruled out.

Kidneys: consistent with chronic degenerative kidney disease with dystrophic mineralization vs. urolithiasis.

Pancreas: nodule most likely insulinoma given high insulin:glucose ratio, although other neoplasia (carcinoma) vs. nodular hyperplasia are not fully ruled out.

Lymph nodes: consider inflammation vs. reactive lymphoid hyperplasia vs. metastatic neoplasia.

Adrenal Glands: Normal (left caudal pole 4.4 mm, right caudal pole 4.5 mm).

Lymph nodes: Lymph node adjacent to the pancreatic nodule is mildly enlarged (0.71x0.53 cm), rounded, and mildly hypoechoic. Another lymph node ventral to the pylorus is mildly enlarged (0.67x0.83 cm), rounded, and hypoechoic.

Bladder: Normal wall, two discrete stones (8.3mm, 4.3 mm) as well as a few small calculi near the bladder neck.

Interpretation:

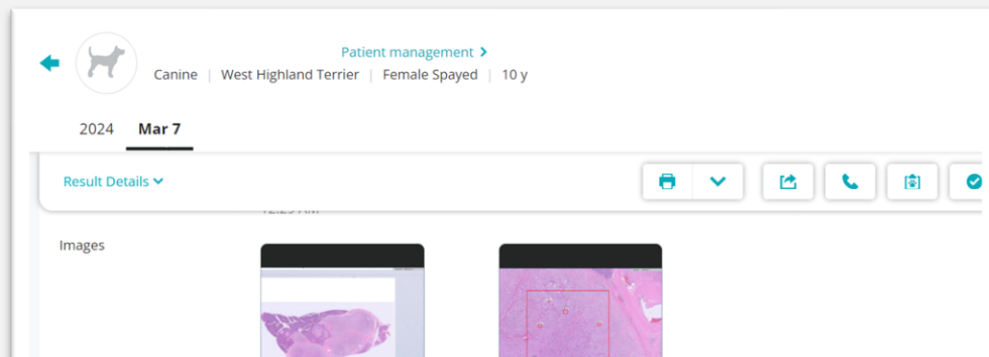
Liver: nodule may be benign nodular regeneration, but metastatic neoplasia is not fully ruled out.

Kidneys: consistent with chronic degenerative kidney disease with dystrophic mineralization vs. urolithiasis.

Pancreas: nodule most likely insulinoma given high insulin:glucose ratio, although other neoplasia (carcinoma) vs. nodular hyperplasia are not fully ruled out.

Lymph nodes: consider inflammation vs. reactive lymphoid hyperplasia vs. metastatic neoplasia.

Bladder: stones as noted, consider calcium oxalate vs. struvite vs. other.



Clinical History:

Insulinoma, pancreas, all visible tumor excised

Pathologist's Report

INTERPRETATION:

Islet cell neoplasm, histologically grade:malignant

Mitotic count (per 2.37 sq mm): 4

Histologic tumor-free margins: Clear; the nearest peripheral margin is only 0.11 mm.

Vascular invasion: Not present

Islet cell tumors are common tumors of the ferrets and dogs, but uncommon in cats, cattle and horses. These tumors arise from the endocrine pancreas. In cattle, this may co-exist with pheochromocytomas; while in ferrets, this may co-exist with estrogen secreting adrenocortical neoplasm. Insulinomas are a subset of islet cell tumors that can hypersecrete insulin, and can cause hypoglycemia.

These tumors can be benign or malignant, depending on the infiltrative nature of the neoplasm. Most insulinomas in domestic animals are malignant. Circumscription and encapsulation are not reliable indicators of benign behavior in insulinoma, as circumscribed and solitary carcinomas have been noted to have metastasized into adjacent lymph nodes or commonly into the liver. Carcinomas tend to be larger, have a multilobular appearance, contain foci of hemorrhage and necrosis, have less uniform size and shape, and demonstrate vascular and lymphatic invasion (Maxie. (ed.). 2007. Pathology of Domestic Animals. 5th edition. Vol 2. pp. 421-423.).

This one is multicentric within the pancreas, and infiltrative.

Immunohistochemistry, islet cell tumors have been noted to stain with insulin (18/18) most consistently, with variable staining with other peptides produced by normal islet cells: somatostatin (14/18), glucagon (9/18), and gastrin (1/18) (Hawkins et al. 1987. Immunocytochemistry of normal pancreatic islets and spontaneous islet cell tumors in dogs. Vet Path. 24:170).

Max

- 2-year-old MI Standard Poodle
- Pre-neuter labs
- No complaints



Chemistry

5:18 AM

Glucose	61	72 - 175 mg/dL	
Creatinine	1.7	0.9 - 2.5 mg/dL	
BUN	27	16 - 37 mg/dL	
BUN: Creatinine Ratio	15.9		
Phosphorus	4.2	2.9 - 6.3 mg/dL	
Calcium	c 0.7	8.6 - 10.6 mg/dL	
Sodium	153	147 - 157 mmol/L	
Potassium	d 11.5	3.7 - 5.2 mmol/L	
Na: K Ratio	13	29 - 42	
Chloride	120	114 - 126 mmol/L	
TCO2 (Bicarbonate)	13	12 - 22 mmol/L	
Anion Gap	32	12 - 25 mmol/L	
Total Protein	6.4	6.3 - 8.8 g/dL	
Albumin	2.4	2.6 - 3.9 g/dL	
Globulin	4.0	3.0 - 5.9 g/dL	

Triage

- + Quick PE

- + Completely normal

- + Assessment

- + Very abnormal, scary labs

- + Clinically stable patient ?

Diagnostics

+ STABILIZE THE PATIENT

+ ?

+ Next diagnostics

+ 1st tier: Confirm results, NEW blood sample

+ 2nd tier: ?

+ 3rd tier: ?

Focus

- + What's the client complaint? Routine surgery
- + What's the main problem? Potentially something major
- + What's the emergency? If real, complications of profound hypocalcemia and hyperkalemia
- + Do these all fit together; are we addressing all issues?

- + What now?

Chemistry		5:18 AM	
Glucose	61	72 - 175 mg/dL	
Creatinine	1.7	0.9 - 2.5 mg/dL	
BUN	27	16 - 37 mg/dL	
BUN: Creatinine Ratio	15.9		
Phosphorus	4.2	2.9 - 3.3 mg/dL	
Calcium	c 0.7	8.6 - 10.6 mg/dL	
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Anion Gap	32	12 - 25 mmol/L	
Total Protein	6.4	6.3 - 8.8 g/dL	
Albumin	2.4	2.6 - 3.9 g/dL	
Globulin	4.0	3.0 - 5.9 g/dL	

EDTA
Contamination

Take Home

- +Clinical signs are non-specific
 - +Your choice of diagnostics in the heat of an emergency should be based on science AND art
- +Pet guardian concerns do not always match yours (= patient's needs)
 - +You still need to address both
- +Do not skip the basics
- +If it doesn't make sense, slow down before you act
- +Think forward





Questions?

Thank you!

nancy-sanders@idexx.com