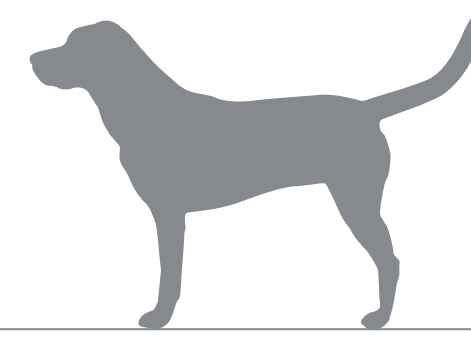
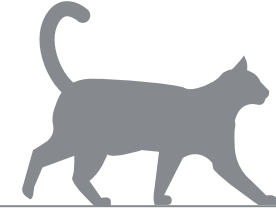


# How old is your pet in people years?



cat		dog					
age	0-20 lbs	age	0-20 lbs	20-50 lbs	50-90 lbs	>90 lbs	
1	7	1	7	7	8	9	young
2	13	2	13	14	16	18	
3	20	3	20	21	24	26	adult
4	26	4	26	27	31	34	
5	33	5	33	34	38	41	
6	40	6	40	42	45	49	senior
7	44	7	44	47	50	56	
8	48	8	48	51	55	64	
9	52	9	52	56	61	71	
10	56	10	56	60	66	78	geriatric
11	60	11	60	65	72	86	
12	64	12	64	69	77	93	
13	68	13	68	74	82	101	
14	72	14	72	78	88	108	
15	76	15	76	83	93	115	
16	80	16	80	87	99	123	
17	84	17	84	92	104	131	
18	88	18	88	96	109	139	
19	92	19	92	101	115		
20	96	20	96	105	120		
21	100	21	100	109	126		
22	104	22	104	113	130		
23	108	23	108	117			
24	112	24	112	120			
25	116	25	116	124			

Charts courtesy of Fred L. Metzger, DVM, DABVP

**Your pet's health can change rapidly with age.** Beginning at around age 7, your pet enters his or her senior years. At this stage, pets often begin to develop diseases common to their senior human counterparts: diabetes, heart disease, thyroid disease and cancer. In fact, one out of ten pets that appear healthy have an underlying disease.<sup>1</sup>

The first step to keeping your pet healthy is to identify "true" age. Take a look at the charts above to find out if your pet would be considered a senior. Then talk with your veterinarian about what that means, and what extra precautions might be recommended.

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1. Rehm M. Seeing double. *Vet Econ*. 2007;48(10):40-48.