Diagnosing intestinal parasite infections

Fecal Dx® antigen testing clinical reference guide
Screen every dog at least twice a year

The Companion Animal Parasite Council (CAPC) guidelines recommend including fecal antigen testing to ensure the widest breadth of detection of intestinal parasites. 1–3 Fecal antigen testing can identify infections that can be missed by using other methods. 4

Gain client compliance with CAPC recommendations

CAPC recommends fecal screening at least twice a year for adult dogs but at least four times during the first year of a dog’s life. A dog’s health and lifestyle may warrant more frequent testing. Let clients know that simply being outside puts a dog at risk. Some parasites can burrow into a dog’s skin or feet. Dogs can also swallow parasites while grooming, nursing, or eating contaminated soil or feces. Clients should also know that some infections can spread from pets to people. 5

Recommend year-round, broad-spectrum parasite control

A parasite-control program that is effective against intestinal parasites, heartworms, ticks, and fleas provides maximum value for your clients and the best protection for your patients. Make sure your clients understand that they need to keep their pets protected all year long. 6

Diagnose and treat infections earlier with Fecal Dx antigen testing

CAPC recommends including fecal antigen testing to diagnose infections, treat patients earlier, and reinforce the proper use of parasite-control products. 7–8 Fecal antigen testing identifies prepatent and single-sex infections, providing critical insights for patient management. 7–8
Fecal screening for healthy adult dogs

Diagnose hookworm, roundworm, whipworm, and flea tapeworm infections using Fecal Dx® antigen testing. Because the testing detects antigens, positive results confirm the presence of worms in the intestinal tract. This allows you to diagnose infection when worms are not shedding eggs or are caused by worms of a single sex.¹ Use the following algorithm to guide next steps based on your patient’s Fecal Dx antigen testing results.

What to do with your Fecal Dx antigen testing results

- **Antigen-positive results**
  - Treat with appropriate dewormer or use monthly parasite control product effective for this parasite
  - Review risk factors and proper disposal of feces
  - Retest a healthy dog who is on a broad-spectrum monthly control product is not necessary
  - If a follow-up test is preferred, retest by antigen testing and fecal flotation 10–14 days after deworming
  - CAPC recommendations: Fecal examinations at least 2 times per year

- **Antigen-negative results**
  - Communicate the success of current preventive measures
  - Review possible risks and reinforce year-round protection
  - Administer year-round, broad-spectrum parasite control with efficacy against heartworm, intestinal parasites, fleas, and ticks

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Did you know?

Treatment should be considered for patients that test positive by either antigen testing or egg/proglottid detection.

Reasons for specimens that are antigen positive and egg/proglottid negative may include the following:

+ Absence of eggs and proglottids during the prepatent period
+ Infections caused by single-sex worms
+ Intermittent egg/proglottid shedding

Reasons eggs and proglottids may be identified in specimens that are antigen negative may include the following:

+ Ingestion of infected feces (coprophagy)
+ Antigen quantity is below the level of detection
Hookworms: from infection to presentation

Ancylostoma caninum life cycle
Prepatent period for adult dogs: 14–21 days

Larvae ingested by dog
Larvae either arrest in somatic tissue or move to intestines within 7 days
Adult worms lay eggs in small intestine after 7–10 days

Transmission routes to offspring: transplacental or transmammary
Larvae penetrate skin
Eggs passed in feces
Eggs hatch and develop into infective larvae
Eggs embryonate: 2–9 days depending on temperature and moisture

Clinical presentation
Pale mucous membranes and anemia; ill thrift, failure to gain weight; poor hair coat, dehydration; dark, tarry diarrhea; respiratory disease; foot lesions (dermatitis with erythema, pruritus, and papules).

Did you know?
+ Because hookworms have short prepatent periods and the potential for arrested larvae, even pets receiving monthly deworming may have adult worms in their intestinal tract between monthly doses.¹
+ Resistance to dewormers is now documented for A. caninum.⁶ If hookworm positive 10–14 days following deworming, a fecal egg count reduction test should be performed.⁷
+ Puppies as young as 10–12 days of age may start shedding eggs if they’ve been infected through nursing.¹
+ Due to the zoonotic risk and reinfection potential in this parasite, it is important to detect infections before they start shedding eggs into the environment.¹
Roundworms: from infection to presentation

**Toxocara canis** life cycle
Prepatent period for adult dogs: 21–35 days

1. **Transmission in utero to offspring**
2. **Eggs passed in feces**
3. In 2–4 weeks, egg larvae become infective
4. Dog ingests intermediate host
5. Infective larvae migrate through the liver and lung before maturing into adult worms in the small intestine
6. Dog ingests infective larvae
7. Infective egg larvae are ingested by intermediate host

**Did you know?**

- One female roundworm can produce 85,000 eggs per day, and these hard-shelled eggs can survive in the environment for years. With Fecal Dx® antigen testing, you can detect infections before roundworms start laying eggs.
- Due to the zoonotic risk and reinfection potential in this parasite, it is important to detect infections before they start shedding eggs into the environment.
- In puppies under 6 months of age, studies have shown more than 30% are infected and shedding *T. canis* eggs.

**Clinical presentation**
Diarrhea, vomiting, pot-bellied appearance, coughing. Dogs may cough up or vomit worms. Infections caused by *T. canis* are more common and most severe in dogs less than one year of age.
Did you know?

+ A female whipworm can produce as many as 2,000 eggs per day, and these infective whipworm eggs can survive in the environment for several years. With Fecal Dx\textsuperscript{3} antigen testing, you can detect infections before whipworms start laying eggs.

+ Due to their extended prepatent period, it’s unlikely to find eggs being shed in very young puppies, but Fecal Dx\textsuperscript{3} antigen testing can identify these positive patients during the prepatent period for earlier diagnosis and treatment.

Clinical presentation

Many infections are subclinical. When present, clinical signs include diarrhea streaked with mucus and fresh blood, weight loss, dehydration, anemia. Extreme cases can result in death.

Whipworms: from infection to presentation

*Trichurus vulpis* life cycle

Prepatent period for adult dogs: 74–90 days

Embryonated eggs ingested by dog

Embryonated eggs in feces

Eggs embryonate: 9–21 days depending on temperature and moisture

Larvae move to intestines in 2–10 days

Adult worms lay eggs in small intestine in approximately 10 weeks

Eggs passed in feces
Pets become infected by eating an infected flea.

Adult worms live in the small intestine.

Proglottids containing eggs are shed in the feces (usually 2–3 weeks after infection).

Flea larvae develop into adult fleas carrying the infective cysticercoids.

Flea larvae consume the eggs, which develop into cysticercoids.

Clinical presentation
Infection may not always be apparent as many are subclinical. While flea tapeworms rarely cause disease, the passage of the proglottids may cause perianal irritation.

Did you know?
+ _D. caninum_ is called the “flea tapeworm” because the flea is its intermediate host.
+ Dogs and cats become infected by eating/ingesting an infected flea.
+ Each segment (proglottid) of a flea tapeworm may contain up to 25–30 eggs.
+ Reinfection with _D. caninum_ is likely if flea infestations are not controlled.
+ Dogs and cats may be infected with more than one species of tapeworm. The flea tapeworm is most commonly diagnosed.

Flea tapeworm: from infection to presentation

*Dipylidium caninum* life cycle
Prepatent period for adult dogs: 14–35 days

This tapeworm can infect dogs and cats and is spread through ingestion of infected fleas.
Fecal screening for sick dogs

Rule out infectious diseases by differentiating between simple and complicated diarrhea and testing accordingly. Testing recommendations vary based on the duration and severity of diarrhea and the health and dietary habits of the dog or dogs affected. In simple diarrhea cases of short duration, a Giardia antigen by immunoassay or the SNAP® Giardia Test is recommended in addition to Fecal Dx® antigen testing and fecal flotation by centrifugation. A more comprehensive diarrhea RealPCR™ panel is recommended in complicated diarrhea cases. Use the following algorithm to guide next steps when assessing sick dogs that present with diarrhea.

Did you know?

RealPCR® testing expands the scope of detection beyond nematode parasites, coccidia, and Giardia, allowing you to detect other important gastrointestinal pathogens, including viruses, bacteria, enterotoxins, and difficult-to-detect protozoa (e.g., Cryptosporidium).
How to minimize the threat of infection

In addition to regular veterinary examinations and diagnostic screening, encourage your clients to follow CAPC guidelines.⁵

Food and water

+ Pets should be fed commercial or cooked food.
+ Raw diets are not recommended.
+ Make sure pets have access to fresh water.

Outdoor activity

+ Limit access to wildlife and contaminated feces.
+ Keep dogs on a leash or behind a fence.
+ Keep cats indoors.
+ Cover sandboxes after use.

Hygiene

+ Do not handle animal feces or urine with bare hands.
+ Wash hands immediately after incidental contact with feces.
+ Promptly pick up and dispose of feces from public areas.
+ Promptly remove feces from the yard.
References