



Your Pet's Health Can Change Rapidly with Age

Beginning at around age 7, your pet enters his or her senior years. At this stage, pets often begin to develop diseases common to their senior human counterparts: diabetes, heart disease, thyroid disease and cancer. In fact, one out of ten pets that appear healthy have an underlying disease.¹

The first step to keeping your pet healthy is to identify "true" age. Take a look at the charts below to find out if your pet would be considered a senior. Then talk with your veterinarian about what that means, and what extra precautions might be recommended.



How old is your pet in people years?

Dogs

age	weight				
	1-20 lb	20-50 lb	50-90 lb	>90 lb	
1	7	7	8	9	
2	13	14	16	18	
3	20	21	24	26	
4	26	27	31	34	adult
5	33	34	38	41	
6	40	42	45	49	
7	44	47	50	56	
8	48	51	55	64	senior
9	52	56	61	71	
10	56	60	66	78	
11	60	68	72	86	
12	64	69	77	93	
13	68	74	82	101	
14	72	78	88	108	
15	76	83	93	115	geriatric
16	80	87	99	123	
17	84	92	104	131	
18	88	96	109	139	
19	92	101	115		
20	96	105	120		
21	100	109	126		
22	104	113	130		
23	108	117			
24	112	120			
25	116	124			

Chart courtesy of Fred L. Metzger, DVM, DABVP

Cats

age	weight	
	1-20 lb	
1	7	
2	13	
3	20	
4	26	
5	33	
6	40	adult
7	44	
8	48	
9	52	
10	56	
11	60	senior
12	64	
13	68	
14	72	
15	76	
16	80	
17	84	
18	88	
19	92	geriatric
20	96	
21	100	
22	104	
23	108	
24	112	
25	116	

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1. Rehm M. Seeing double. Vet Econ. 2007;48(10):40-48.

